

59 days of cloud seeding to start

A two-month cloud seeding program, expected to raise Lake Okechobee by 18 inches, will begin Tuesday over a 7,000-square-mile area of the southern Kissimmee Basin.

The 70 by 100 square mile seeding area extends southward from the basin across the middle of the lake and includes Glades, Highland, Polk, Ocoola and Okechobee counties, according to Larry Nunn, of the South Florida Water District.

The seeding will begin Tuesday, Aug. 4, and continue seven days a week through Sept. 30, said Nunn, SFWMD public information officer.

The rainmaking procedure of seeding cumulus clouds with

silver iodide was approved by the SFWMD Monday.

Contract for the seeding program was awarded to Weather Consultants, Inc., of Santa Rosa, Calif., one of seven contractors to bid its services. John T. Walser, president of Weather Consultants attended Monday's meeting.

The official title for the cloud seeding is Project 2WM, according to Stanley Winn of SFWMD, who is project manager.

The cost of the seeding project is set at \$352,576 of which \$250,776 will be paid to the contractor and \$99,600 will be used for purchasing the silver iodide flares.

Three airplanes will be used for the seeding, including two Piper

Navajos and a Cessna 14.

The state will contribute \$99,144, more than 25 percent of the cost of the project. The appropriation was approved last week by Gov. Bob Graham after declaring South Florida a drought disaster area.

Federal funds are also being sought, Nunn said Tuesday.

During the first 17 days of the project, Dr. William Woodley of the National Oceanographic and Atmospheric Administration (NOAA), who has had ten years' experience in meteorology, will serve as advisor.

Walser has had 30 years experience in weather modification, Nunn said, including snow making and fog dissipation as well as



RAINMAKER
John Walser

cloud seeding for rain. Last year Walser conducted a cloud seeding project in Georgia, according to Nunn.

Headquarters for the project will be established at Palm Beach International Airport and SFWMD will set up a temporary project headquarters across the road from the airport, Nunn said. The latest radar equipment will be installed, he said.

At Monday's SFWMD board meeting, phone calls from two residents regarding rainmaking were reported — one in support of cloud seeding and one against. The opposition came from a former California resident who was worried about possible mudslides.

There are still some tough questions to be faced in this pro-

ject, according to Winn.

He said that some of these problem areas include the specific type of aircraft to be used.

"This could make a big difference in the seeding in different type of weather conditions. Another area is the question of suspension of seeding."

"When and for what conditions do we suspend seeding for any length of time?" he asked.

"And another big question concerns the rate of seeding, the rate of iodine infusion into the cloud," said Winn.

But all of these problem areas will be faced and the WMD board has apparently placed complete faith in the NASA trained Winn.

The first cloud seeding date is set for August 3 or 4.



Herald-Observer

Serving the people of the Glades since 1924

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THURSDAY, JULY 30, 1981

BELLE GLADE-PAHOKEE, FL.

Qualifying for election continues in city race

Belle Glade-Former City Commissioner and Mayor William Grear filed to run in the Sept. 15 city elections Monday.

Briefly

Shelter managers needed

If a natural disaster were to occur in the Glades area today, none of the emergency shelters in this area could be opened due to lack of designated shelter managers, said Jerry Krinn of the American Red Cross Monday, July 27.

In an effort to correct this problem, the American Red Cross has scheduled a shelter manager's course for 9 a.m. to 4 p.m. Saturday, Aug. 1 at Everglades Federal in Pahokee.

The American Red Cross wants to recruit volunteers to serve as shelter managers through this course.

The course is open to members of the public and no pre-registration is required. Persons who would have to seek public shelter are especially desirable as shelter managers.

Five areas are currently designated as emergency shelters with a capacity for sheltering 1,700 persons. The Glades area needs twice that capacity, Krinn said.

For more information, contact Krinn at 833-7711 or call Doug Wooten at 996-1637 between 9 a.m. and 5 p.m.

Cheerleaders seek support for camp

Glades Central Community High School cheerleaders will hold a car wash Saturday, Aug. 1, from 8 a.m. till 3 p.m. to raise money for cheerleader camp.

The car wash will be held at Ellman Battery, 400 S.W. 4th St., said sponsor Don Sutton. Donation is \$1.50 for cars and \$2 for vans and trucks.

A bake sale will be held in the Royal's Department Store Plaza Friday from 10 a.m. till 4 p.m.

The week-long cheerleader camp begins Sunday in Orlando and some of the cheerleaders lack the money to go to camp.

Sutton said all of the cheerleaders should attend the camp, not just those whose family can afford to send them.

"I want everybody to go as a team," he said. Persons wanting to help the GCHS cheerleaders raise the money for the trip may call Sutton at 996-9834 for more information.

Grear, 57, ran two years ago as the incumbent, and was beaten in the West Borough by present incumbent Randy Davidson and Herald-Observer Community Editor Alma Henry.

Davidson, manager of Cabin Cleaners, defeated Henry in a runoff election.

Grear has no competition yet in his borough, although Davidson has picked up a campaign information packet at City Hall. It is unclear, according to city officials, if Davidson plans to run again or not.

City Clerk June Boglioli said David Bythwood of 1217 SW Ave B Place picked up a campaign packet Tuesday. If he filed, he would be opposing Grear.

Husband of Dr. Effie Grear, Glades Central High School Principal, Bill Grear has two children—William Jr., 17, and Rhonda, 20. William is going to Tampa Technical Institute this fall and Rhonda, who is married, is attending Palm Beach Junior College.

Dorothy Walker, the East Borough city commissioner filed Wednesday morning as a candidate for the East Borough.

"Many citizens are encouraging me to run again," Grear said. "I felt I did a good job before, so I decided to try again."

A Belle Glade resident for 24 years after moving from Arcadia, Grear first ran for the commission in 1966. He lost by a slim margin to Bill Weathers.

He ran again in 1969 and won, beating Kick Lighter. He served for 10 years, doing two stints as mayor. Although he said he doesn't believe in long platforms, Grear cited improving the water system and generating more low-income housing as two of his main goals.

"I don't necessarily want projects or governmental things. I'd like to see private housing. If a person has a house of his own, he's going to take better care of it, if you have a project, then you're asking for a slum," Grear said.

Citing one of his commission accomplishments the covering of an open drainage ditch in the Southwest section, Grear said he didn't know if the Stillwell Road ditch controversy merited action or not. He recommended looking into it though.

Belle Glade-If city department heads get all they are asking for this next fiscal year, the city budget will increase by more than \$1.6 million.

Belle Glade faces a lot of belt-tightening budget cutting during the next few weeks, according to City Manager Rolfe Wagner. The city com-



William Grear files for West Borough city commission seat.



Iz Nachman takes oath as a candidate for the East Borough commission seat.

Sanitation automation not favored

BELLE GLADE-In the latest budget workshop, city commissioners reviewed public works department budgets and agreed that the time for automating the sanitation department has not yet arrived.

Following the adjournment of their regular meeting Monday night, July 27, city commissioners immediately went into a three-hour workshop, lasting until midnight.

City Manager Rolfe Wagner told commissioners that automating the sanitation department has the advantage of greater efficiency, but requires a large initial capital outlay.

Under the conventional system, a driver and two workers can make pickups at 350 to 450 residences daily.

One worker on the rapid rail system can make 800 to 1,000 single family home pickups, he said.

"The question of whether to shift to an automated system should be left to the community," Mayor Thomas L. Altman said.

Altman said he did not believe that local residents would be willing to accept a reduction in service for a minimal reduction in cost brought about by an automated system. An automated system requires the homeowner to bring his [Continued on Page 5]

Budget requests up \$1.6 million over last year

Belle Glade-If city department heads get all they are asking for this next fiscal year, the city budget will increase by more than \$1.6 million.

Belle Glade faces a lot of belt-tightening budget cutting during the next few weeks, according to City Manager Rolfe Wagner. The city com-

mission began considering budget requests from heads of city departments Saturday, in a marathon budget workshop that lasted from 9 a.m. to 5 p.m.

The commission didn't get through all the requests Saturday, and scheduled the time after Monday's regular

meeting to consider the public works, streets, lighting, and mosquito control sections of the budget.

But city departments

aren't going to get all they have asked for, they just isn't enough money available. The department [Continued on Page 5]

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City goes along with ARC grant request

BELLE GLADE—City Commissioners authorized Community Development Director Ramar M. Harvin to submit a \$5,000 grant request to the State Department of

Community Affairs on behalf of their Glades Association for Retarded Citizens Monday, July 27. Tricia Glass of the ARC told commissioners at their regular meeting

Monday that the money would be used to establish a vocational training program for retarded adults. The grant money would be used to build kitchen and bathroom facilities for the retarded citizens to learn domestic skills on. A number of retarded citizens are currently working at a local motel, learning how to clean rooms.

Harvin said that the total amount of the grant is \$10,000. The \$5,000 grant provided by the state requires a 100 percent local match, 50 percent of which must be in cash. All funding activities will be taken care of through the state or through the ARC, Harvin said. The city would be involved in the project only as a governmental sponsor.

Although commissioners unanimously approved a resolution authorizing Harvin to

submit an application for the grant, the Glades ARC will be competing against many other groups which also want the money.

According to Harvin, the state has \$1 million worth of grant funds, \$58,000 of which is being made available to Palm Beach County and its 37 municipalities.

In other business during Monday's meeting, commissioners: "Asked City Attorney John Baker to investigate industrial-revenue bonds and the possible establishment of an industrial revenue authority."

Mayor Thomas Altman said that even an advisory powers could be valuable to the city in its efforts to attract industry to Belle Glade.

Commissioners voted unanimously to have Baker investigate the industrial authority idea

farther. *Approved payment of \$9,268.59 worth of bills to Briley, Wild and Associates, Inc., an Or-

mand Beach based planning and engineering firm. Payment of bills approved Monday was for

work on 201 plan implementation, water and sewer rate study, rim canal pump station ex-

pansion, sewage treatment plant advice and permits, and the recent raw water emergency.

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12	Power Streak	E78-14 Whitewall	39.50	1.75
15	Viva Radial	FR 78-14 Whitewall	45.00	2.29
12	Viva Radial	GR 78-15 Whitewall	49.50	2.41
12	Polysteel Radial	FR 78-15 Whitewall	47.50	2.44
10	Custom Tread	FR 78-14 Whitewall	69.50	2.36
12	Tiempo Radial	P155/80R13 Whitewall	55.45	1.51
8	Tiempo Radial	P165/80R14 Whitewall	64.80	1.75
18	Tiempo Radial	P225/75R15 Whitewall	88.95	2.79
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GOODYEAR

Check with Ma Bell before digging

Southern Bell is issuing a life and death plan to contractors to check before they dig.

"We want people to check with us before digging—especially near streets and highways," said Bob White, Southern Bell spokesman.

White pointed out that over the years the telephone company has placed more of its cable underground to promote a

better visual environment and to protect the system from the elements. "We've cut down on the dangers of high winds, lightning, hurricanes and reckless drivers," White said. "And now we have to worry about backhoes, bulldozers and residential owners who are putting up fences or planting vegetable and flower gardens."

Southern Bell's

engineers keep detailed records of where buried cable and other equipment is located and how deep it is.

"A contractor lining up a digging job only has to call '1-1' and then 800-432-4770 to find out what we have in the area involved," White said.

"We're happy to send someone out to mark the danger zones," White said, "and the service is

free. If a cable is cut before we're called, however, whoever does it is liable for all damages."

He added that the most important consideration may not be money. "What if a sick person or someone who needs help in a hurry is cut off from the world by careless digging? It could be a matter of life and death, and it's all so unnecessary and so avoidable," White said.

Corrections

In last week's Herald-Observer, it was incorrectly stated that Jose Clay had been shot at Glades General Hospital. He was shot on Southwest Sixth Street. In the same story, a sentence incorrectly read "Jose Clay is reported shot by police." It should have said that police reported Jose Clay was shot.

In last week's city election story, it was incorrectly stated that the legal proceedings against East Borough City Commissioner Dorothy Walker were continuing. No legal proceedings are pending against Walker; she won her court battle in May. We apologize for these errors.

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CPR course offered

BELLE GLADE - The Belle Glade Fire Department in cooperation with the American Red Cross is a designated testing checkpoint for persons taking the five-week American Red Cross Cardio Pulmonary Resuscitation course. The American Red Cross, through its chapters, in conjunction with NBC-TV affiliates throughout the country, are jointly producing a five-week CPR project to be aired during July entitled "Five Minutes to Live".

The project will stimulate public awareness of the value of CPR and will enable viewers to work along with the shows at home with a CPR workbook.

At the conclusion of the shows they must go to a designated check-point, practice on a manikin, and take a written and skill test under the supervision of a qualified CPR instructor. Certification will be issued upon passing both tests.

Persons in the Glades taking the five-week course can purchase the manual from the fire department for \$1.

The test will be given Saturday, Aug. 15, from 10 a.m. till 2 p.m.

PBJC registration open

Registration is now open for the fall term at Palm Beach Junior College-Glades. Anyone interested in registering may do so until Aug. 20. The office will be open from 8:30 p.m. until 8:30 p.m., beginning Aug. 17. For further information, call 996-3056. Classes begin Aug. 24.

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Stillwell Road residents take problem to Canal Hazards

Belle Glade-Stillwell Road residents continued their battle to get an irrigation ditch near their homes made safer, appearing before the Canal Hazards Safety Committee July 22.

Stillwell resident Mike Cunningham represented the residents at the meeting. Pahokee attorney Michael Stauder is the group's attorney.

Meeting earlier this month with the City Commission and South Florida Water Management District (WMD), Stillwell residents were continuing their efforts to get support for their cause. Residents there are angry about the dredging of a ditch which is between their homes and a

sugarcane field owned by Robert Hooper.

The ditch, now about 10 feet deep and 14 feet across, was a 2 or 3 feet deep swale before the June dredging, Cunningham has said.

Residents there are concerned about their children's safety.

Jim Kilpatrick, WMD manager, told the Hazard committee that he and WMD Chairman Clarence "Smoke" Knecht were going to Gainesville to speak with the Soil Conservation Service about the problem.

The City Commission said in a meeting earlier this month that it is supported the Stillwell effort and would help the residents there pursue a

lawsuit if WMD didn't address the problem adequately.

The hazards committee declined to get involved in the issue however, with committee Chairman Franklyn Jones explaining that the ditch had nothing to do with highway safety in the Glades.

Canal hazards to highway safety are the committee's main concern, he indicated.

County Commissioner Bill Bailey's administrative assistant David Goodlett said he had mixed feelings about the Stillwell controversy.

He acknowledged the safety hazard while also saying that drainage

must be maintained.

Land surveyor Pedro Gonzalez, a vice-president on the hazard committee, suggested that Cunningham and Kilpatrick join his group. Perhaps a 12-foot fence along the canal, topped with barbed wire should be erected, he suggested.

But Stillwell residents indicated they wanted the ditch covered.

The residents have been in touch with engineers, Stauder said, but they have not yet received final recommendations. A lawsuit forcing WMD to take safety action could still be in the cards, he added.

In other business, Goodlett said a new guard rail to be built alongside Wedgworth Road. Jones added that the roadway should be moved to the east so that the guardrail is not too close to the canal. Residents along the road have indicated that they would approve of the

road being moved, Goodlett said.

And the tree-removing project along U.S. 27 is

still going on, to be completed in September, according to Ken Bowers, a Department of Transportation (DOT) spokesper-

son. About 50-60 trees are being removed every day, he said.

Work on the new SR 80 is continuing, Jones said,

with the new four-lane highway to be completed by Rubin Construction Co. of West Palm Beach in the near future.

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New teachers join CDS

Pat and Carol Fronk have joined Belle Glade Christian Day School for the 1981-1982 school year.

Pat is a native of Miami and graduated from Stetson University with a bachelor of Music Education degree. During his freshman year, he was chairman of and participated in Parent's Weekend Follies, a student-produced talent show.

During his sophomore year, he accepted the greater responsibility of co-chairman of Parents Weekend, a student organized weekend of special events for parents and students at Stetson.

In his junior year, he appeared in the principal role of "El Gallo" in the musical drama "The Fantastika", and also played the principal role of George in the drama "All My Sons."

He played bass guitar with the Stetson Jazz Band and was also a member of the concert choir.

Throughout his years at Stetson, he held the position of minister of music at First Baptist Church of Seville, was interim minister of music at First Baptist Church of Bunnell and is leaving the position of minister of music and music at Central Baptist Church of Leesburg to come to Belle Glade.

Pat, who was a singing waiter in the 1979 summer cast of Center Stage Supper Club in St. Petersburg, also plays guitar and has composed several songs.

Carol was born in Houston, Texas, and raised in Sanford, Fla. She received her bachelor of music degree from Stetson in 1978. She received her master of music degree from Florida State University in 1980. At FSU, she studied voice

with Janice Haranyi.

While at FSU, Carol became a member of Pi Kappa Lambda, a national honorary music fraternity. In 1976 she won a \$500 scholarship in the "I Dream of Jennie with the Light Brown Hair" competition.

During her years at Stetson, she was a member of the concert choir and concert choir pop ensemble and appeared in several operas. Some of her principal opera roles include "Tirto" in Handel's "Immano" and "Mrs. Gross" in Benjamin Britten's "Turn of the Screw."

She was a member of FSU's jazz-vocal ensemble "Semole Express" and was in the 1980 summer Musicians cast of singing waiters and waitresses in Winter Park.

Carol plays guitar and has composed several songs, among them Christian folk messages.



Suspect still at large

PAHOKEE -- The Pahokee Police Department and the Palm Beach County Sheriff's Department is still on look out for attempted murder suspect Jessie Cato, who shot one adult and two youth on Wednesday, July 22 at 880 Palm Blvd.

Cato, a farmworker, shot Ida Jackson, 46, of 880 Palm Blvd., in the face; Jan Quitle, 3, of the same address; and Michael Bouie, 14, who was passing by on a bicycle at the time of the shooting.

Lgt. Charles Collier said upon arrival at the scene of the incident, Mrs. Jackson was found approximately three blocks from her home along with her daughter, Jan, both of whom had been shot.

Collier said while searching Mrs. Jackson's home for the suspect, two shots were fired at him, each shot missing him and one striking Bouie in the leg.

Collier said earlier that day, Police had been called to the Jackson's home on a domestic call concerning Cato. Collier said at that time Cato could not be found after a search of the property and nearby area.

Cato is being sought in addition to the attempted murder charge, with aggravated battery against Ida Jackson, Michael Bouie and a police officer. Collier said the case is still under investigation by Det. Bill Brown of the Sheriff's office.

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ALMA
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HOW I SEE IT

By the bootstraps

After listening to the President's proposed budget package, programs like the one the Comprehensive Employment Training Act is sponsoring at Palm Beach Junior College will soon be a thing of the past and people like Georgia Maldonado and Veronica Jones Young will have more of an uphill battle to better their living conditions.

Mrs. Maldonado and Mrs. Young will graduate from Palm Beach Junior College next week, after having enrolled in a special program sponsored by CETA to assist farmworkers.

Both of these young ladies received their GED (General Education Development) Diploma and Associate of Arts degree in less than 18 months.

Thanks to CETA's Individual Referral System, Mrs. Maldonado left behind 21 years of working in vegetables and fruits fields stretched from Florida to New York.

Both young ladies, although away from an educational atmosphere, (Mrs. Maldonado 21 years and Mrs. Young 14 years) will each graduate as honor students. Mrs. Maldonado was even tapped for membership in the Phi Theta Kappa Fraternity (Junior College Honor Society) and was one of two delegates from Palm Beach Junior College Glades Campus to attend the National Phi Theta Kappa Convention held in New York City recently.

These two young ladies are just two of the 15 Glades area residents who have enrolled in the CETA sponsored Individual Referral Program and as a result are now gainfully employed or continuing their education towards a four year bachelor's degree. For the past three years, each of the students have managed to be among the top graduates in academics, while raising a family.

Thanks to CETA these young ladies were given a chance to put themselves up by their own bootstraps.

Thanks to Mr. Reagan, farmworkers wanting to do the same thing, might not have the same chance, and the struggle to come up from bottom, becomes a never ending battle.

Mica's view on the
immigration problem

The Honorable Ronald Reagan
President of the United States
The White House
Washington, D.C.
Dear Mr. President:

With regard to immigration, America must be humane, America must be compassionate, but America must also have limits.

In the next few days you are to weigh the

recommendations of a special task force on immigration. The title for a recent cover story U.S. New and World Report says it all: "Immigration: The Great American Nightmare." These are strong words. Yet they cannot fully express the price Americans are paying for immigration, which is out of control. Florida is especially hard.

(Continued on Page 6)

Opinion



PATROLMAN Paul Patti of the Belle Glade Police Department was honored as Kiwanis officer of the year Thursday, July 23, at the Kiwanis Club of the Glades, meeting at the Holiday Inn. Presenting the award was Larry Lamb. At center is Patti's boss, Chief D. Bill Mathis.

Loan program needed

Senator Paula Hawkins has offered Senate Bill 884 which provides for a loan program at 19.6 cents per pound of raw sugar, to be repaid in the same fiscal year.

This is approximately 50 percent of the United States department of Agriculture's projected cost of production for 1981.

During the fiscal 1982-1985 period the law would not go into effect until October of 1982; the 19.6 cent per pound loan would be expected to lead to from 1 1/4 to 2 million tons of sugar being placed under loan each year.

This would generate about three-quarters of a billion dollars in short term credit for sugar processors and producers.

Dalton Yancey of the Florida Sugar Cane League calls the proposed legislation nothing more than a safety net to keep U.S. sugar producers viable during extremely low markets and thereby stable prices to U.S. consumers.

Florida's growing sugar industry has pushed it into the state into the top spot among all sugar producing states in the country. Last year, over \$800 million in new dollars was pumped into the state's economy creating a \$1.4 billion impact, according to a University of Florida study.

In Palm Beach County, 14 percent of all employment is attributable to the industry. Florida's sugar industry is now the state's second largest agricultural endeavor.

All domestic sugar cane and sugarbeet producers and first processors support the Senate Bill. In addition, more than 60 percent of the sugar refining capacity is in full support. None of the farm groups oppose the legislation.

Debate on the bill will probably commence after Labor Day.

In view of the fact that the Reagan administration opposes offering any sugar program, the importance of this bill in lending a measure of stability becomes more apparent.

Domestic producers need protection from foreign dumping of cheap sugar during times of plenty to ensure the continued good health of the industry. American consumers need domestic sugar sugar production just as they need domestic oil production. OPEC in oil is bad enough. We don't need an OPEC in sugar too.

Pay some attention to this bill. Support it. If you live in the Glades area, your livelihood is directly or indirectly dependent on sugar production. It deserves our whole-hearted support.

Taken from Herald-
Observer back issues

Everglades history...

20 YEARS AGO
GLADES OBSERVER
JULY 27, 1961

A special session of the Pahokee City Council was called to make a final determination of the legal hours for liquor stores in Pahokee.

The County Commission had been holding up action for several weeks on the question of setting legal hours for liquor stores pending a report from the Pahokee City Council.

Bill Martin, the new recreational director at the Pahokee Youth Center, reported a good attendance of youth at the center that summer and added two new games in an effort to make it an even more attractive entertainment center for the children of the community.

A meeting of the Pahokee 4-H was to be held at the home of Mrs. Eugene Pennington, leader.

Penny Pennington was taking Junior Leadership as her project for the year.

30 YEARS AGO
THE EVERGLADES NEWS
JULY 27, 1951

Palm Beach County's budget of \$2,783,298 for the coming year was officially adopted by the County Commission at Monday's board meeting. The budget, which was to go into effect on Oct. 1, called for an 11.66 mill levy—a slight decrease over the last year.

Commission Chairman Paul Berdin expressed his thanks to the board for "keeping the budget down and holding down the millage."

In addition, he praised county department heads "who cooperated splendidly with the board's request to keep down their individual department budgets." Twenty-five years of loyal, efficient and economical service by J.M. "Jake" Boyd as county engineer were officially recognized and commended by the County Commission in a resolution.

The Pahokee Lions club completed plans for a picnic supper and swim party at the city park to entertain wives and sweethearts of members.

Manning I. Keen was named to assist the Rotary club in planning a dedication program for the dedication of the new city dock which was to be completed by the first of August.

The dedication program was to be presented in September.

40 YEARS AGO
THE EVERGLADES NEWS
JULY 25, 1941

Application had been made to the War Department by the U.S. Department of Agriculture, Farm Department of Agriculture, Farm Security Administration for a permit to construct a water intake line and structure at the Canal Point Agricultural Workers Camp 4 miles north of Canal Point.

Cross-State travel has steadily increased since the opening of State Highway No. 26 from South Bay to Ft. Lauderdale.

Clewiston was proving a popular midway stopping point and Manager Downs of the Clewiston Inn reported the best summer business ever experienced.

An unusual number of out-of-state cars were reported passing through the lake area and indicated

that tourists were becoming more and more interested in the area.

Work was begun on the construction of a flying school for the Embury-Riddle Corporation on a field seven miles west of Clewiston on the cross-state highway. The field lies to the south of the highway. A bulldozer was moved to the location and work began leveling of the bank of dirt along the highway canal.

A letter to the editor complained that county workmen hauled a dozen or more loads of rock and dumped them in holes in the streets in Canal Point. The complainant wanted to know if that constituted the road repair program in Canal Point for another 10 years.

50 YEARS AGO
THE EVERGLADES NEWS
JULY 31, 1931

Policy of Everglades drainage district toward prevention and control of fires in the muck soils of the district was stated in a resolution adopted at the regular meeting held July 14 and recorded in the minutes.

A good year-round vegetable for muck soils is rhubarb or pieplant, better known in the north than in the south, prepared by making a sauce and eaten like applesauce or the sauce made into pies.

H.G. McGouirk, who farmed three miles north of Canal Point, planted less than half a pound of rhubarb seed and had sold \$125 worth of stalks from a plot 40x150 feet and was still making sales as well as giving away a good deal.

Rainfall was below normal in June of 1931 at every station in Florida at which observations and records were made by the U.S. Weather Bureau.

This accounted for the low level of Lake Okechobee and the low water table in the muck soil until rains started in July. The Lake average was 14.3 ft. at the time of the news article.

A proposed new charter for the town of Pahokee was rejected in a special election by a vote of 34 for to 106 against. The vote was tight, because the defeat of the measure was generally foreseen.

Sixty names had been signed up to a petition on which application would be made to the state Railroad Commission for grant of authority to the Southern Bell Telephone Company to establish a local exchange in Canal Point and Pahokee.

JIM
JONES
BOILER PLATE

That's California

When I heard that the federal government was considering imposing a quarantine on California produce unless a spraying program for the Mediterranean Fruit Fly was started, I knew then that a spraying program would indeed soon start.

Gov. Jerry Brown understands economics as well as any other national political leader and he wasn't about to stand back and let California farmers be devastated by a quarantine.

When he was at last placed between an ecological hard place and a financial rock, there was only one thing he could do: bend to reality.

At first it seemed that the news media was flooded with stories about the dangers of the chemical to be sprayed on the Medfly—how it could have a disastrous effect on unborn children and cause untold damage to adults, as Agent Orange is alleged to have done to Vietnam vets.

Then other stories began to appear, about how the chemical had been available over the counter for years and that its after effects were short lived. One report said that vegetables sprayed with it could be safely eaten 24 hours later.

It's history now. The Medfly was sprayed and the event even became something of a cultural phenomenon. T-shirts, proclaiming that the wearer had survived the Medfly have appeared. So much for the hardness of the American entrepreneurial spirit. It was undaunted.

It seems that action was taken just in time as some states, Florida among them, had already begun to quarantine California produce. Florida memories are still too fresh of our own close call with the Medfly in year's past.

It's too bad that there was so much hysteria in California about this whole episode, but Californians are known for this kind of behavior. After all, what other state would elect a Ronald Reagan then turn around and elect a Jerry Brown?

It seems that the Medfly controversy might have been avoided had the entire issue been explained in a factual manner. But there is no guarantee that the folks of a mind to have panicked wouldn't have panicked anyway. It's possible that the matter was carefully explained, but Gov. Brown failed to help calm the population by voicing his own concerns. Who knows, perhaps they were right. Mutants could be born in 30 years.

But it's doubtful. In the short run we know that food to feed a hungry world will continue to be produced, despite the Medfly. We know that food prices will remain fairly constant. And hopefully, that the Medfly will be contained and eradicated.

In the past, we might have looked on the California Medfly incident as a communist plot. But now we recognize it for what it was, just California.

Calendar

THURSDAY, July 30
KIWANIS CLUB-Belle Glade, noon, Holiday Inn.
ELKS-Pahokee, 8 p.m., Elks Lodge.
CHRISTIAN BUSINESS MEN'S FELLOWSHIP-Belle Glade, 6:30 a.m., Holiday Inn.
PAHOKEE ROTARY CLUB-noon, Elks Lodge.

FRIDAY, July 31
ALCOHOLICS ANONYMOUS-Belle Glade, 8:20 p.m., St. John's Episcopal Church.
60th ANNIVERSARY, Mr. and Mrs. John Dulany, Belle Glade Municipal Center, 8-10 p.m.

SUNDAY, August 2
ATTEND THE CHURCH OF YOUR CHOICE

MONDAY, August 3
ALCOHOLICS ANONYMOUS-Belle Glade, 8:30 p.m., St. John's Episcopal Church.
LIONS CLUB-Pahokee, noon, Lions Clubhouse.
CITY COUNCIL-Belle Glade, 2nd and 4th Tuesday, 8 p.m., City Hall.
RAINBOW GIRLS-Mason Lodge, Belle Glade, 2nd and 4th Monday at 7:30 p.m.
BUSINESS & PROFESSIONAL WOMEN-Belle Glade, 1st and 3rd Monday, 7:30 p.m., Members homes.

TUESDAY, August 4
CITY COUNCIL-Pahokee, 2nd and 4th Tuesday, 7:30 p.m., South Bay, 1st and 3rd Tuesday, 8 p.m.
OVEREATERS ANONYMOUS-Everglades Federal Community Room, Pahokee, 8 p.m.
ROTARY-Belle Glade, noon, Municipal Civic Center.
BUSINESS & PROFESSIONAL WOMEN-Pahokee, 1st and 3rd Tuesday, 7:30 p.m., Members homes.
AMERICAN LEGION AUXILIARY UNIT 12-Belle Glade, 1st and 3rd Tuesday, American Legion Post.

WEDNESDAY, August 5
LIONS CLUB-Belle Glade, 12:15 p.m., Belle Glade Municipal Center.
ALATTEEN-Belle Glade, 5 p.m., St. John's Episcopal Church.

For your organization's free listing in the Herald-Observer calendar call Brenda at 996-2056.

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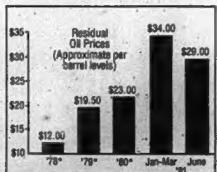
Why is FPL's fuel adjustment so high?



Michael C. Cook, Vice President, Fuel Resources and Corporate Development at Fort Everglades Oil Storage Facilities.

Why is there a fuel adjustment in the first place? Customers are understandably annoyed by high summer bills, and particularly the size of the fuel adjustment. But fuel represents about 45% of the total cost of generating electricity, so the cost of fuel does have a big impact on the bill. Since fuel costs change frequently, it's important to have a timely and fair way to cope with these enormous, fluctuating costs. The fuel adjustment allows us to pay our fuel bills so that we can continue generating electricity, and to pass on any savings directly to our customers.

Why does it always seem to keep going up? Because the cost of fuel has gone up, especially residual oil, the kind we use most. About half of our electricity is generated by oil, even more in the summer. So oil prices have a dramatic effect on the fuel adjustment.



*Average summer price—July, August, September

Prices have risen so much in the past few years that we now spend \$4 million a day on oil.

I've heard that oil prices were dropping. Will the fuel adjustment go down as a result? Oil prices have dropped somewhat recently, but this summer we'll be using even more oil than usual because one of our nuclear plants that generates lower-cost electricity is being repaired. During months of moderate temperatures, overall use of electricity decreases, and we burn less oil. This could mean a lower fuel adjustment. A lot will depend on the weather, the price of oil and how much generation we can get from other fuel sources.

What is FPL doing to fight high oil prices? Everything we can. We shop for bargains in the oil market, both in contract fuel supplies and in open market purchases. We're not building any more oil-powered generating facilities. And before we use the ones we have, we use all our other less-costly generating sources—nuclear, natural gas, and coal-generated power from other utilities brought into the state by transmission lines. We've also been mixing coal and oil at one plant, and we're pursuing opportunities for converting our oil plants to coal use.

Doesn't the fuel adjustment destroy the incentive to buy fuel economically? No. First of all, our own performance standards are extremely high. In addition, there are efficiency incentives built into the fuel adjustment regulatory proceedings, and FPL must prove that all fuel was bought and used wisely when its case on the fuel adjustment is presented.

Does FPL make a profit on the fuel adjustment? No. Not a cent of the fuel adjustment goes to profit. All of it goes directly to pay for the cost of fuel.



O'Connell to head association

WASHINGTON, D.C. — J. R. (Jack) O'Connell Jr., communications specialist and former consultant to the organization, has been named president and chief executive officer of The Sugar Association, Inc., according to Robert O. Nagle, chairman of the board. Mr. Nagle is president and chief executive officer of California and Hawaiian Sugar Company.

Mr. O'Connell succeeds J. W. Tatum, Jr., who retired on July 1 but will remain a consultant to the organization through the end of the year.

The Association, which moved to Washington from New York in 1974, is the arm of the sugar-producing industry responsible for the explanation and substantiation of sugar's nutritional contribution and dietary role. Its members include all segments of the industry — sugar beet growers and processors and sugar cane growers and refiners. It numbers some of the largest sugar-using companies among its associate members.

O'Connell, as a vice president of the public relations firm of Carl Byoir & Associates, served as an in-house consultant to the Association, commencing in New York

in 1973 helping to plan and execute an award-winning communications program aimed at countering the false charges concerning sugar's safety that began in the early 1970s.

With the guidance of specialists in the scientific community, the Sugar Association funds research to determine the facts concerning sugar and health and substantiate its position that sugar when consumed in moderation contributes to a balanced and healthy diet and a convenient and economical food supply.

"We've had a good deal of success establishing sugar's safety with professional and governmental groups and we retain our position on the Food and Drug Administration's GRAS List (Generally Recognized as Safe), but we have a long way to go to establish sugar as the useful food it is with the consuming public. In that it is the medium that makes many necessary foods palatable and is an economical source of food energy the world over, it is far more than a pleasurable indulgence," O'Connell commented. "By searching out and sticking to the scientific facts we've established a very sound position and earned the right to be understood."

Mica's views—

[Continued from Page 4] hit, but it is merely one example of a larger phenomenon.

The world is rife with overpopulation, underdevelopment, and political turmoil. There are 4.5 billion people in the world, with another two billion to be added in the next twenty-five years. Providing jobs, food, housing, and hope to these people is one of the greatest challenges facing world leaders. But the

sheer numbers dictate that the problems must be addressed where the people live, not by moving them around. Although reasonably limited immigration to the United States can and should be continued, the age of unlimited immigration is over.

However, man is a migratory species. People have always moved for greater economic opportunity, so it is not surpris-

ing that millions are seeking entry to this country, both legally and illegally. But if one combines the number of legal immigrants, refugees, and "entrants" for 1980 — 808,000 — with a conservative estimate of the illegals who came, it is clear that 1980 was the highest single year of immigration in American history. And the pressure can only grow.

This level of immigration is complicating the solution to every important problem before this country. For example, the Administration's policies hope to increase opportunity for down-trodden United States citizens; yet illegal immigrants compete directly with them for jobs and housing. The refugees have special needs for language training, job training, housing assistance, medical care, and a host of other social services.

What the American people need, what the American people want, is a policy which will bring immigration back under the control of their government, a policy which is designed to phase out illegal immigration and place a reasonable limit on legal immigration. In my view, such a policy must, at a minimum, contain the following elements:

(1) Separation of immigration from the normal court system to Article I court which would have jurisdiction similar to administrative courts with direct appellate authority to the Supreme Court.

(2) A processing center for first asylum seekers, including Haitians, outside the State of Florida (preferably outside the continental United States). Asylum seekers should have their claims promptly addressed; in the interim they should not be released to work in the United States. Experience has demonstrated that an alternative approach will only encourage immigration from Haiti and other countries in this hemisphere.

(3) A continued ceiling on the total number of immigrants and refugees to be admitted each year.

(4) A prohibition on the hiring of illegal immigrants, combined with a possible identification system for people applying for employment — such as an improved social security card or checking social security numbers the way merchants check credit card numbers. Illegal immigration cannot be stopped without taking away the incentive of jobs. And "employer sanctions" cannot possibly work without a system which enables employers to readily ascertain who is entitled to accept employment.

(5) Substantial increases in the enforcement budget of the Immigration and Naturalization Service.

(6) Cooperation with source countries to secure their assistance in curtailing the flow. This may involve pursuing interdiction agreements with other nations.

(7) Establish stronger sentences and fines for individuals caught smuggling illegal immigrants into the United States.

(8) Use Foreign Assistance programs as a lever whenever possible and appropriate.

(9) No discussion of amnesty. All other aspects of immigration policy and enforcement must be in place before we address the issue of illegal immigrants already in the United States.

I would also like to add with regard to Cuba my personal opposition to concessions such as the trading off of Guantanamo or any concession in return for favorable action by Castro.

Finally, an effort should be made to bring this issue into an early permanent international forum. Specifically, the North-South Conference which is to take place in October in Mexico City.

Mr. President, your decision on immigration is one of the most important decisions you will make. As a member of Congress, I stand ready to help in any way that I can to establish a generous but controlled American immigration policy.

With warm regards,
Sincerely,
/s/DANIEL A. MICA, M. C.

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LYKES
SUGAR CREEK - REG. or PLUMBERS
WIENERS 12 OZ. PKG. **1.18**
OLD FASHIONED
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CABIN COOKIN' - REG. HOT or BEEF 1b. PKG. **1.98**
SMOKED SAUSAGE 1b. PKG. **1.78**
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COOKED HAM 8 OZ. PKG. **1.78**

DIXIE LILY
PANCAKE
-- **WAFFLE**
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24 OZ. BTL.
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BONUS BUY!

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DINNER
25 LB. Btl.
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MICHELINA
SPAGHETTI
SAUCE
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SLICED
BEEF
LIVER
1b.
68¢
EVERYDAY LOW PRICE

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GRADE A
WHOLE
FRYERS
1b.
58¢

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PARTICIPATING STORES ONLY!
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CHICKEN ROLL 1b. **2.58**
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GERMAN BOLOGNA 1b. **2.18**
TRUEN
M.C. LIVERWURST 1b. **2.18**
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LONGHORN CHEESE 1b. **2.88**
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PORK CHOPS
OR
ROAST
1b.
98¢
RATH
BAG SAUSAGE 88¢
LINK SAUSAGE 88¢

SUGAR CREEK
SMOKED
HAMS
SHANK
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BUTT PORTION
OR WHOLE
1b.
98¢
CENTER SLICES
1b.
1.78

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20 Exp Slides
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Only **1.57**
36 Exp Slides Only **2.57**
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SKINLESS
POLISH SAUSAGE 1b. **1.88**
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SAUSAGE ROLL 1b. **98¢**
BALLARD
BISCUITS
10 CT. CAN
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SUNNYLAND
★ **LUNCH'N SALOMI** 1b. PKG. **1.78**
REG. OR THICK
★ **BOLOGNA** 1b. PKG. **1.58**
★ **CHOPPED HAM** 1b. PKG. **2.19**
★ **SMOKED SAUSAGE** 16 OZ. SIZE **1.98**

DUBUQUE
OR AGAR
CANNED
HAM
PATTIES
12 OZ. CAN
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WEDNESDAY - AUG. 5th
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MON., TUES., WED. 9-7 SATURDAY 9-9
THURSDAY 9-7 SUNDAY 9-6

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OLD FASHIONED
CORNEB
BEEF
1b.
1.98
U.S.D.A. CHOICE
100% FRESH
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SHASTA
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TAKE HOME MORE...FOR A LOT LESS!

REV. JOE ED MCGAHEY

KEEPING THE FAITH



"And they all left Him and fled." MK 14:50 NASB
If there is a common experience that people have besides death it is that of loneliness.

Sooner or later everyone has that experience to go through. Sometimes it is caused by separation from friends and loved ones, or by death of a loved one. Other times it is just a state of being we find ourselves in.

Then there is the loneliness that comes because we find ourselves alienated from others—being in a hostile or unfriendly situation.

Sometimes it is because there is discord or bitterness in the home, or at work, or in the community.

This kind of alienation can then become the source of distrust, frustration, fear and even hate. But the worst separation man experiences is that of being separated or alienated from God.

For man was made to live in harmony with his Maker. But when there is not a real and vital relationship between God and man, he has an inward emptiness that he very often is unaware of. He is incomplete. But if he has never had that relationship, he has no real understanding of his need for it.

However, Jesus came into the world to minister to people in the midst of loneliness. He did this first of all by sharing that experience with us. He did this in many ways. He shared the loneliness of temptation, as he went to the wilderness for 40 days and nights.

During that time he was without food. It was at that time Satan chose to tempt Him. That was not the end of His temptations. The Bible says "He was tempted in all points as we are, yet without sin."

Then there was the loneliness of facing and accepting the Cross in Gethsemane. He asked the disciples to

"Watch and pray" with Him, but they went to sleep. Even when He awakened them they went back to sleep. Finally, Judas, one of the Twelve, came and betrayed Him and then all of the rest "left Him and fled," leaving Him alone with those who were bent on killing Him.

Finally there was the Cross. As Jesus paid the price for our sin, becoming the perfect sacrifice for us, even God turned His back on Jesus, so that we hear Jesus cry out from the cross, "My God, My God, why hast thou forsaken me?"

But not only did Jesus share our loneliness, He also ministered to the lonely. The lonely blind were given their sight. To the lonely, suffering from the disease of leprosy, He reached out to touch. Perhaps that was the first human touch they had known for years.

He not only touched them, but also healed them that they could go back into society and to their homes. There was the lonely woman at the well (John 2) and the woman taken in adultery and about to be stoned (John 8:11). To both of them He gave a new life, hope and faith. He also continues to minister unto us in the midst of loneliness.

There is first of all freedom from the loneliness of sin and guilt, as He forgives, cleanses and enables us to overcome sin and temptation.

There is the promise of His abiding Presence. As Christians, we can have the constant Presence and Power of the Holy Spirit at work in our lives. Then His Presence also brings peace—the deep inward peace that comes from being in tune with God through Jesus Christ.

Finally there is the hope and promise that we have an eternal home with God. A home that Jesus Christ has gone to make ready for us.

All of this becomes ours when we turn our lives over to God, and invite Jesus Christ to be the Lord of our lives.

Area obituaries

John Lee Elliott

John Lee Elliott, age 63 of South Bay died on Friday, July 24 at Community Hospital of the Palm Beaches at West Palm Beach following a brief illness.

He was a native of Booneville, Miss. and a longtime resident of Belle Glade and South Bay. Surviving is his wife Maurine Elliott of Stuart, a daughter, Carrie Church of Stuart, a son James Elliott of Miami,

two sisters, Melissa Aldridge of Kansas City, Mo. and Cora Ella Hill of Barstow, Calif., two brothers, Jessie and George Bates of Tupelo, Miss., four grandchildren, and two great grandchildren.

Funeral services were conducted at Johns Funeral Home Chapel at 10 a.m. on Monday with Rev. John L. Walde, of the First Baptist Church of Palm City officiating with interment at Port Mayaca Cemetery, Port Mayaca.

Association names vice president

WASHINGTON, D.C. — Dr. G. Norris Bollenback, scientific director of The Sugar Association, Inc., was named a vice president, effective July 1, Robert O. Nagle, chairman of the board of the industry association, reported. Mr. Nagle is president and chief executive officer of California and Hawaiian Sugar Company.

Dr. Bollenback, who holds a Ph.D. degree from Iowa State University in biophysical chemistry, was a researcher with CPC International from 1949 to 1969 becoming director of research for the Refined Syrup and Sugar Division. Following that was director of research for Sunshine Biscuits Division of American Brands.

Before coming to the Association in 1974, Dr. Bollenback spent four years in the Agency for International Development (USAID) studying the food habits and nutritional status of the population. He also worked to effect modifications in eating habits to improve the quality of diet and health.

Dr. Bollenback has authored a number of publications and two books. One of these, "Carbohydrates and Health," was the result of a symposium he helped organize in 1976 to present to food technologists the thoughts and research of experts in the field of carbohydrate metabolism.

Gasohol is success, says VP

TAMPA — "No pins, no knobs, no drossing." Those were just some of the observations of an AAA executive who completed a 6,000 mile test run using gasohol.

Hampson Dunn of Tampa, senior vice president of the Peninsula Motor Club (AAA), said he was quite pleased with the performance of his vehicle during the experiment and he would recommend the use of the gasoline-ethanol mixture.

The fuel used in the long statewide run was a mixture of 90 percent unleaded gasoline and 10 percent ethanol.

Dunn said the alcohol addition is a "hamburger helper" for the gasoline industry and extends fuel mileage. He said the United States reduces its imports of foreign oil.

It also provides an additional market for farm products.

Concerning his findings, Dunn said:

"There was improved engine performance with greater acceleration. Use of gasohol can reduce engine wear and corrosion because carbon deposits from the fuels are reduced, and there is evidence that gasohol actually

cleans the internal components of the engine. As a result, longer engine life and lower maintenance cost for engines run on gasohol may be expected.

"My records show that we got slightly better mileage using gasohol—approximately a mile more per gallon, or 8 to 9 percent. The feeling of the driver was that we had more power, quicker pickup and easier passing with gasohol.

Mechanics reported that measurements showed that all exhaust emissions were within the EPA exhaust emissions guidelines.

The spark plugs looked good, nothing appeared out of the ordinary. They also showed that there had been no damage to the rubber parts of the vehicles."

The AAA executive said the only drawback he experienced during the test was the inconvenience and lack of availability of gasohol.

However, he said as production increases and popularity of gasohol grows, this should be no problem later on.

Even so, a motorist is never more than a full tank away from a gasohol

station. Dunn traveled to all parts of the state, Pensacola, Marco Island, Miami, and Fernandina Beach, on all kinds of streets and highways during his test. 700 p.m. The Peninsula Motor Club is compiling a list of gasohol outlets throughout the state.

Dunn found that gasohol sales have more than quadrupled in Florida during the past year. He said that he found gasohol to cost about the same, or slightly less than, ordinary unleaded gasoline.

More pedestrians die

TALLAHASSEE — Pedestrians died at the rate of almost two every day in Florida during 1980, according to the Florida Highway Patrol. Patrol records show that 706 pedestrians died in 1980 compared to 658 in 1979, an increase of eight percent.

There were 6,478 pedestrians injured in 1980 compared to 6,199 injured in 1979. This points out a slight reduction in injuries in the overall count.

Of those pedestrians killed or injured, ages 19 and under had a slight reduction while the 20-44 age group increased. The over 65 age group also had a reduction.

Crossing the roadway where there was no crosswalk caused the greatest number of

fatalities. In 1979, 168 persons were killed by stepping in the path of a vehicle and in 1980, 218 died in the same manner.

During the last 10 years, there have been 6,423 pedestrians killed on Florida highways in accidents. The only time the steady annual increase in deaths has dropped was in 1974 and 1975 after the 55 mile per hour speed limit was initiated and gas was in short supply except for a slight drop in 1977.

"One of every four of the 2,878 persons killed on Florida highways in 1980 was a pedestrian," said FHP Colonel Eldridge Beach, director.

And like most accidents, could have been prevented through a little common sense and courtesy.

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Bill Brewer
Manager

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Meat Dept.

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1004 N. Main St.
Belle Glade
Rev. DAVID T. EVANS, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Bible Study 7:30 p.m.

WORSHIP CENTER
1424 W. Canal St.
Belle Glade
Rev. AARON PETREY, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

CHURCH OF GOD OF BELLE GLADE
Rev. C.W. WILLIAMS
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

MIRACLE BY FAITH REVIVAL CENTER
N.W. 11th Ave.
South Bay, Fla. 33493
PASTOR, ELDER BERTY HUMPHREY
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

CHURCH OF THE LORD JESUS CHRIST OF THE APOSTOLIC FAITH
DEA. MELBY WATERS
Sunday School 11 a.m.
Evening Service 7 p.m.
Tues. & Thurs. Regular Service 7 p.m.
Mon. Evening Missionary Service 7:30 p.m.
Wed. Day of Zion Prayer - 4-7 p.m.

CHURCH OF GOD BY FAITH
625 S.W. Ave. B
Belle Glade, Fla.
Rev. ELDER JOHN ROBINSON, PASTOR
Sunday School 10:00 a.m.
Morning Worship 12 Noon
Evening Worship 8 p.m.
Saturday Morning Live Radio Broadcast from the Sanctuary over WFTM FM 92.5 at your dial each Sunday night
Tuesday Night Bible Band 7:00 p.m.
Wednesday Night Home & Foreign Mission 7:00 p.m.
Friday Night Prayer & Testimony 8:00 p.m.
Saturday Morning Live Radio Broadcast from the Sanctuary over WFTM FM 92.5 at your dial each Sunday night
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Evening Worship 8 p.m.
Saturday Morning Live Radio Broadcast from the Sanctuary over WFTM FM 92.5 at your dial each Sunday night
Transportation Available

BELLE GLADE ALLIANCE CHURCH
425 E. Canal St. North
Belle Glade
Rev. MARK O'FARRELL
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

SAINT JAMES A.M.E. CHURCH
465 S. Lake Ave.
Pahokee
Rev. J.P. KELP, PASTOR
Sunday School 10:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Thurs. 8:00 p.m.
Operation Drug Help 24 Hr.

CANAL POINT BAPTIST CHURCH
1st Street
Canal Point
B. RAY STEWART, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Mid Week Prayer Service Wednesday 7:00 p.m.

FIRST BAPTIST CHURCH
225 Bacon Point Road
Belle Glade
Rev. JOE HUDSON, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Project Service Wed. 7:30 p.m.

FIRST BAPTIST CHURCH OF SOUTH BAY
5 W. 6th Avenue
South Bay
PAUL W. MURRAY, PASTOR
Sunday School 9:45 a.m.
Evening Worship 7:30 p.m.
Project Service Wed. 7:30 p.m.

CHURCH OF THE HOLY TRINITY EPISCOPAL
1020 East Main Street
Belle Glade
Sunday Mass 8:00 a.m.
Saint John's Episcopal Church 225 N. W. Avenue C
Belle Glade
Rev. CHARLES FABRIZI
Sunday School 9:00 a.m.
Holy Eucharist 10:00 a.m.

BELLE CHURCH OF GOD
531 Rardin Avenue
Pahokee
ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

MOUNT OLIVE BAPTIST CHURCH
Lake Harbor
AARON DEATON, MODERATOR
Rev. ROBERT AYERS
9:45 a.m. Sunday School
11:00 a.m. Morning Worship
All on WFTM some time 7:30 p.m. Evening Worship
Wednesday 7:30 p.m. Prayer Service
CHURCH OF THE NAZARENE
16 N.W. Avenue D
Belle Glade
Rev. DARYL CHAMBERS
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Worship Service 1:00 p.m.
Bible Study Wed. 7:30 p.m.
OF PROPHET
2300 East Main Street
Pahokee
LEE CARBAUM, PASTOR
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Evening Worship 7:30 p.m.
Service Wed. 7:30 p.m.

CHURCH OF GOD OF SOUTH BAY
5 W. 6th Avenue
South Bay
PAUL W. MURRAY, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Thurs. 8:00 p.m.
Operation Drug Help 24 Hr.

CANAL POINT BAPTIST CHURCH
1st Street
Canal Point
B. RAY STEWART, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Mid Week Prayer Service Wednesday 7:00 p.m.

FIRST BAPTIST CHURCH
225 Bacon Point Road
Belle Glade
Rev. JOE HUDSON, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Project Service Wed. 7:30 p.m.

FIRST BAPTIST CHURCH OF SOUTH BAY
5 W. 6th Avenue
South Bay
PAUL W. MURRAY, PASTOR
Sunday School 9:45 a.m.
Evening Worship 7:30 p.m.
Project Service Wed. 7:30 p.m.

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Belle Glade
Rev. CHARLES FABRIZI
Sunday School 9:00 a.m.
Holy Eucharist 10:00 a.m.

BELLE CHURCH OF GOD
531 Rardin Avenue
Pahokee
ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

FIRST BAPTIST CHURCH
17 N.W. Ave. B
Belle Glade, Florida
Rev. ROBERT AYERS
9:45 a.m. Sunday School
11:00 a.m. Morning Worship
All on WFTM some time 7:30 p.m. Evening Worship
Wednesday 7:30 p.m. Prayer Service
CHURCH OF THE NAZARENE
16 N.W. Avenue D
Belle Glade
Rev. DARYL CHAMBERS
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Worship Service 1:00 p.m.
Bible Study Wed. 7:30 p.m.
OF PROPHET
2300 East Main Street
Pahokee
LEE CARBAUM, PASTOR
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Evening Worship 7:30 p.m.
Service Wed. 7:30 p.m.

CHURCH OF GOD OF SOUTH BAY
5 W. 6th Avenue
South Bay
PAUL W. MURRAY, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Thurs. 8:00 p.m.
Operation Drug Help 24 Hr.

CANAL POINT BAPTIST CHURCH
1st Street
Canal Point
B. RAY STEWART, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Mid Week Prayer Service Wednesday 7:00 p.m.

FIRST BAPTIST CHURCH
225 Bacon Point Road
Belle Glade
Rev. JOE HUDSON, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Project Service Wed. 7:30 p.m.

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South Bay
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Evening Worship 7:30 p.m.
Project Service Wed. 7:30 p.m.

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Rev. CHARLES FABRIZI
Sunday School 9:00 a.m.
Holy Eucharist 10:00 a.m.

BELLE CHURCH OF GOD
531 Rardin Avenue
Pahokee
ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

ROBERT L. BANKS, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Bible Study Wed. 7:30 p.m.

WELSHMAN COMMUNITY HOLINESS CHURCH
335 S.W. 4th Street
Belle Glade
Rev. CLYDE C. DAVIS, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Sunday Service 1:00 p.m.
Morning Worship 11:00 a.m.
Sunday Service 7:30 p.m.
Choir Rehearsal Mon. 8:00 p.m.
Bible Study Tues. 8:00 a.m.
Evening Prayer & Testimony Service Wed. 7:00 p.m.

CHURCH OF ALL NATIONS
1 mile So. of South Bay on US 27
Rev. WALTER COBB
Afternoon Service 2:30 p.m.
Evening Worship 7:30 p.m.
Service Thurs. 7:30 p.m.
Service Sat. 7:30 p.m.

CHURCH OF THE NAZARENE
400 Bacon Point Road
Pahokee, FL 33476
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Sunday Evening 7:30 p.m.
Wednesday Prayer Service 7:30 p.m.

PRESIDENT DAVID MCKENZIE
Sunday Meeting 7:30 p.m. - noon
996-2925

SAINT PETERS LUTHERAN CHURCH
1st St. North
Belle Glade
RALPH W. HOBBSCHKE, PASTOR
Worship Service - 10:30 a.m.
Sunday School - 9:15 a.m.
Last Sunday of Month Worship - 7:30 p.m.

CHURCH OF GOD
1855. Pahokee
Rev. RAY BUNNICH, PASTOR
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Wednesday Family Training Hour 7:30 p.m.

CANAL POINT UNITED METHODIST CHURCH
JOHN L. JARVIS, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Prayer Meeting 8:00 p.m.
Young Adult Meeting 8:00 p.m.

FIRST UNITED METHODIST CHURCH
491 East Main Street
Pahokee
Rev. A.F. BOWMAN, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Sunday Fellowship 6:00 p.m.
Evening Worship 7:30 p.m.

FIRST UNITED METHODIST CHURCH
491 East Main Street
Pahokee
Rev. A.F. BOWMAN, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Sunday Fellowship 6:00 p.m.
Evening Worship 7:30 p.m.

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491 East Main Street
Pahokee
Rev. A.F. BOWMAN, PASTOR
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Sunday Fellowship 6:00 p.m.
Evening Worship 7:30 p.m.

COMMUNITY UNITED METHODIST CHURCH
401 S.W. 1st St.
Belle Glade
Rev. JOE ED MCGAHEY
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.
Wednesday Bible Study 8:00 a.m.
Bible Study 7:00 p.m.

M.T. ZION A.M.E. CHURCH
933 S.W. Ave. C corner of 10th
Belle Glade
Rev. RICHARD A. THOMPSON
Morning Worship 8:00 a.m.
Evening Worship 7:30 p.m.
Morning Worship 11:00 a.m.
Prayer Service Thurs. 7:30 p.m.

CHURCH OF THE NAZARENE
400 Bacon Point Road
Pahokee, FL 33476
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Sunday Evening 7:30 p.m.
Wednesday Prayer Service 7:30 p.m.

PASTOR - REV. VICTOR BATHMAN

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CETA helps students move ahead

... From the fields to the college classroom

BELLE GLADE — Thanks to the federal funding program, Comprehensive Employment Training Act, administered by the Palm Beach County Commission,

two former farmworkers are on their way to becoming elementary school teachers.

Mrs. Georgia Maldonado and Mrs. Veronica Jones Young, participants in the CETA Individual Referral Program will graduate from Palm Beach Junior College at the end of the Summer term with a two year college degree.

Both CETA participants completed their two year course requirement in less than 18 months, and neither student had a high school diploma when they entered college.

The Individual Referral Program is one of many program offerings CETA offers to Palm Beach County residents.

James Ford Jr., Employment Specialist with CETA West in the Glades said the Individual Referral program is a program whereby high school dropouts are encouraged to return to school to earn their diplomas through Adult Basic Education classes with plans of continuing on to college.

Ford said this is the third year the program has been in operation in the Glades and approximately 16 students have earned their GED (General Education Development) diplomas and an Associate of Arts or Science Degree from the local junior college.

Ford said a number of the participants are continuing their education in the hope of receiving their bachelor's degree.

In this year's program, Ford said, Mrs. Georgia Maldonado's accomplishments speak for themselves.

Mrs. Maldonado, a former farmworker who traveled the fields from Florida to New York, has been a high school drop out for 21 years.

She earned her GED within two weeks after enrolling in the program, and will graduate from Palm Beach Junior College as a member of the elite, Phi Theta Kappa Honor Fraternity.

"Not only has Mrs. Maldonado completed the

program within 18 months but she also maintained a high 'B' average in all of her classes," said Ford.

Freddie Harrell, a member of the administrative staff at PBJC Glades Campus said Mrs. Maldonado was one of two delegates from the Glades campus to attend the National Phi Theta Kappa Convention held in New York City in June.

The mother of one son, only a month old when she enrolled in the program, Mrs. Maldonado said she is happy the life of a fieldworker is behind her.

A former Lake Shore High School student, Mrs. Maldonado said she dropped out of school in the 9th grade not because of academic problems but because she was ashamed of being poor.

"I was a country girl who lived in South Bay and I was ashamed of the clothes I had to wear to school," said Mrs. Maldonado.

As a result, Mrs. Maldonado said she spent the next 20 years of her life working the fields from Florida to New York.

"Each year the crop got worse, I made less money and it got harder and harder to make ends meet. I knew there had to be a better way to make a living," she said.

Although Mrs. Maldonado always wanted to go back to school she said she never could afford to do so until she overheard some friends talking about the CETA Individual Referral Program.

Mrs. Maldonado said soon after hearing of the program, she went to the CETA office, told of her plight, and was given a



Gerorgia Maldonado, center, will enter FAU in August.

test to measure her academic ability.

Because she scored as well as she did, Ford said, Mrs. Maldonado was placed in the Referral Program at PBJC that leads to a two college education instead of the Adult Education Basic Education Program at the Armory in Belle Glade.

Because of Mrs. Maldonado's academic success at Palm Beach Junior College, she wrote a paper entitled "Flight of a Migrant Worker," detailing her life as a migrant, to assist the college in securing funds and scholarships geared towards helping other migrant receive a college education.

Also participating in the program Mrs. Maldonado was Mrs. Jones. Mrs. Jones is a mother of three, and a high school drop out for 14 years will graduate from PBJC with honors also.

Mrs. Jones of Pahokee said she participated in the Adult Basic Education Program at the Armory for approximately

two months before she enrolled PBJC.

Both Mrs. Jones and Mrs. Maldonado plan to continue their educational goals at Florida Atlantic University beginning in August.

Mrs. Maldonado said she is working towards a degree in Elementary Education with a minor in Foreign Languages.

Mrs. Jones also will be

enrolling in the Elementary Education program at FAU.

Ford said the Individual Referral program pays for the student's cost of enrolling in school.

Ford said presently the program is on hold for the fall, but there is a possibility CETA will sponsor the program once again for high school dropouts who wish to return to school.



Ms. Susan Kotowicz

Kotowicz to speak at Head Start banquet

BELLE GLADE — Susan Kotowicz, coordinator of Migrant Health and Mental Health Services for the Center for Human Potential, will be the featured speaker at the Annual Head Start Banquet Monday, Aug. 6, at 7:30 p.m., in the Gaines Park Gym, 1515 Australian Ave., West Palm Beach.

The Center for Human Potential is sponsored by the Western Palm Beach County Mental Health Clinic of Belle Glade.

Ms. Autrie Williams, a Community Action Council staff person, said, "Head Start is fortunate to have Ms. Kotowicz as its speaker."

She has worked with the migrants as a Mental Health Liaison, served as a consultant to the Farmworkers Council for the past two years and is also a specialist in dealing with problem children, said Williams.

Ms. Kotowicz is a graduate of Florida State University School of Criminology. She also earned her Master of Social Work degree from FSU. She said her most valuable experience was working in the Tallahassee Community Correctional Center.

"This was particularly valuable because most of the inmates were from agricultural areas and from one-parent families. Also most of their troubles started out simply and early," she said.

Ms. Kotowicz, who has conducted a number of workshops and training programs for parents of Head Start children, said, "Behavior is a statement of feeling and a child's behavior says what they are feeling."

The biggest cause of bad parent-child relations is the lack of "honesty," she said.

"The parent says 'I don't say I, rather than what I

(Continued on Page 10)



Veronica Jones and James Ford Jr. go over admission papers for FAU.

Lee and Royal exchange wedding vows on June 26

TERRI ANN LEE and John Charles Royal exchanged wedding vows during a double ring ceremony held June 26 at 3 p.m. in the Assembly of God Church in Clewiston with the Rev. Bernard Browne officiating.

The bride is the daughter of Mr. and Mrs. Roy C. Lee of 544 W. El Paso Ave. The groom is the son of Mr. and Mrs. Larry Royal of 218 NW Ave. E, Belle Glade.

Mrs. Anna Clineard, soloist, was accompanied by Mrs. Dessie Brown on the organ and Mrs. Mary Postell on the piano. Musical selections included "If," "Let It Be Me," and "We've Only Just Begun." The church was decorated during the candlelight ceremony with spiral and straight candelabras, window candles, palms, ficus, fern baskets, arrangements of white mums, pom-poms, glads and baby's breath. The pews were marked with the same flowers.

The bride was escorted to the altar by her father. She wore a white silk gown with a Queen Ann neckline, fitted bodice covered in Venice lace with seed pearls, double sheer skirt and chapel length train bordered with silk Venice lace. The gown had full sheer sleeves with Venice lace and chiffon on the tight cuff. The tiara-shaped headpiece, with Venice lace, had appliques and flower droplets at each side. The cathedral length veil had matching Venice lace and appliques.

She carried a cascade arrangement of white sweetheart roses, miniature carnations, stephanotis and baby's breath centered with white orchids. The bride wore a yellow pants suit with white accessories and a white orchid corsage from the wedding bouquet as her going away outfit.



Mr. and Mrs. John C. Royal

Paula Cox served as the maid of honor. She wore an empire gown of mint green polyester with spaghetti straps, gathered bodice and a-line skirt with a circular chiffon cape. She carried a cascade arrangement of white fuji mums, miniature carnations, stephanotis and baby's breath. She wore a spray of baby's breath for a headpiece.

Bridesmaids were Lisa Dyeas, Connie Irimia, and Kim Barton. They wore dresses, headpieces and carried flowers similar to the maid of honor's.

Destiny Winn was the flowergirl. She wore an organza gown of mint green with a scooped neck trimmed with lace. The full skirt was accented with bows and lace. She carried a bouquet similar to the bridesmaids'.

Best man was Donald Buckhalter. Groomsmen were Mike Royal, Jeff

Royal, brothers of the groom, Howard Ayers, and Ross Lee, brother of the bride.

Benjamin Hutcheson served as the ringbearer. The groom wore white tuxedo and a white rose boutonniere. The ringbearer, and the groomsmen wore dark green tuxedos with mint green ruffled shirts and white carnation boutonnieres.

The bride's mother wore a full-length mint green dress of chiffon with a satin waistband and wore a white orchid corsage.

A reception was held after the wedding in the fellowship hall of the Assembly of God Church in Clewiston. The hall was decorated with white

Navarro completes Marine Corps Recruit training

MARINE PVT. FERNANDO NAVARRO, son of Armando Navarro and Maria C. Navarro of 530 SE Ave. F, Belle Glade, has completed recruit training at the Marine Corps Recruit Depot in Parris Island, S.C.

During the 11 week training cycle, Pvt.

Navarro learned the basics of battlefield survival. He was introduced to the typical daily routine that he will experience during his enlistment and studied the personal and professional standards traditionally exhibited by Marines.

He participated in an active physical conditioning program and gained proficiency in a variety of military skills, including first aid, rifle marksmanship and close order drill.

candelabras, white lace cloths with mint green trim, and arrangements of white fuji mums, pom-poms, baby's breath, and fern baskets.

Louis Stiles, Agnes Cribbs, Betty Ramirez, Sofia Ramirez, Becky Thomas, Laura Wirth, Judy Swindle, and Beverly Beck assisted with serving at the reception. Randie Schoenfeld was in charge of the bride's book.

The couple took a wedding trip to Tarpon Springs, Orlando, and Singer Island.

Out-of-town guests included: Mrs. Ruth Wainwright, Mrs. Mary Daniels, Mrs. Vera Lamb, Mrs. Lea Crawford, Mr.

and Mrs. James Forrester and family, Mr. and Mrs. John Chambliss and Lynn, Mr. and Mrs. George Dupere, Mr. and Mrs. Ray Caruthers, Mr. and Mrs. Ed Burgess, Mr. and Mrs. Michael Langdale, Mr. and Mrs. Roy Barch, Mr. and Mrs. George Dupere, Mr. and Mrs. Phil Prescott, all of Belle Glade.

Mr. and Mrs. Charles Dorsey, Miss Carol Wood, Mr. and Mrs. Mark Crissman and Ana and Maria Mendiguen all of West Palm Beach; Mr. and Mrs. Charles Royal and family and Mr. and Mrs. Ed Leonard of Royal Palm Beach; Mr. John Carrawell of Gainesville; Mr. and Mrs. Bill Garris, Mr. and Mrs. Jeff Harris,

all of Lake Worth; Mrs. Earl Beck, Mrs. Conrad Frickie, all of Moore Haven.

Mr. and Mrs. James Wurth and Laura of Boynton Beach; Mr. and Mrs. James Wirth, Mr. and Mrs. Earl Hinson, all of Canal Point; Mr. and Mrs. Don Tedder of Carrollton, Ga.; Mr. and Mrs. Filton Ricks and Sharon of Bonita Springs; Mr. and Mrs. Pierce Wilson, of Winter Haven; Mr. and Mrs. Phillip Ricks and family of Fort Lauderdale.

REV. JOE ED MCGAHEY

KEEPING THE FAITH

"And they all left Him and fled." MK 14:50 NASB If there is a common experience that people have besides death it is that of loneliness.

Sooner or later everyone has that experience to go through. Sometimes it is caused by separation from friends and loved ones, or by death of a loved one. Other times it is just a state of being we find ourselves in.

Then there is the loneliness that comes because we find ourselves alienated from others—being in a hostile or unfriendly situation.

Sometimes it is because there is discord or bitterness in the home, or at work, or in the community.

This kind of alienation can then become the source of distrust, frustration, fear and even hate. But the worst separation man experiences is that of being separated or alienated from God.

For man was made to live in harmony with his Maker. But when there is not a real and vital relationship between God and man, he has an inward emptiness that he very often is unaware of. He is incomplete. But if he has never had that relationship, he has no real understanding of his need for it.

However, Jesus came into the world to minister to people in the midst of loneliness. He did this first of all by sharing that experience with us. He did this in many ways. He shared the loneliness of temptation, as he went to the wilderness for 40 days and nights.

During that time he was without food. It was at that time Satan chose to tempt Him. That was not the end of His temptations. The Bible says "He was tempted in all points as we are, yet without sin."

Then there was the loneliness of facing and accepting the Cross in Gethsemane. He asked the disciples to

"Watch and pray" with Him, but they went to sleep. Even when He awakened them they went back to sleep. Finally, Judas, one of the Twelve, came and betrayed Him and then all of the rest "left Him and fled," leaving Him alone with those who were bent on killing Him.

Finally there was the Cross. As Jesus paid the price for our sin, becoming the perfect sacrifice for us, even God turned His back on Jesus, so that we hear Jesus cry out from the cross, "My God, My God, why hast thou forsaken me?"

But not only did Jesus share our loneliness, He also ministered to the lonely. The lonely blind were given their sight. To the lonely, suffering from the disease of leprosy, He reached out to touch. Perhaps that was the first human touch they had known for years.

He not only touched them, but also healed them that they could go back into society and to their homes. There was the lonely woman at the well (John 4) and the woman taken in adultery and about to be stoned (John 8:11). To both of them He gave a new life, hope and faith. He also continues to minister unto us in the midst of loneliness.

There is first of all freedom from the loneliness of sin and guilt, as He forgives, cleanses and enables us to overcome sin and temptation.

There is the promise of His abiding Presence. As Christians, we can have the constant Presence and Power of the Holy Spirit at work in our lives. Then His Presence also brings peace—the deep inward peace that comes from being in tune with God through Jesus Christ.

Finally there is the hope and promise that we have an eternal home with God. A home that Jesus Christ has gone to make ready for us.

All of this becomes ours when we turn our lives over to God, and invite Jesus Christ to be the Lord of our lives.

Area obituaries

John Lee Elliott

John Lee Elliott, age 63 of South Bay died on Friday, July 24 at Community Hospital of the Palm Beaches at West Palm Beach following a brief illness.

He was a native of Booneville, Miss., and a longtime resident of Belle Glade and South Bay.

Surviving is his wife Maurine Elliott of Stuart, a daughter, Carrie Church of Stuart, a son James Elliott of Miami,

two sisters, Melissa Aldridge of Kansas City, Mo. and Cora Ella Hill of Barstow, Calif., two brothers, Jessie and George Bates of Tupelo, Miss., four granddaughters, and two great grandchildren.

Funeral services were conducted at Johns Funeral Home Chapel at 10 a.m. on Monday with Rev. John L. Walde, of the First Baptist Church of Palm City officiating with interment at Port Mayaca Cemetery, Port Mayaca.

Association names vice president

WASHINGTON, D.C. — Dr. G. Morris Bollenback, scientific director of The Sugar Association, Inc., has been named a vice president, effective July 1, Robert O. Nagle, chairman of the board of the industry association, reported. Mr. Nagle is president and chief executive officer of California and Hawaiian Sugar Company.

Dr. Bollenback, who holds a Ph.D. degree from Iowa State University in biophysical chemistry, was a researcher with CPC International from 1949 to 1969 becoming director of research for the Refined Syrup and Sugar Division. Following that he was director of research for Sunshine Biscuits Division of American Brands.

Gasohol is success, says VP

TAMPA — "No pings, no knocks, no dieseling." These were just some of the observations of an AAA executive who completed a 6,000 mile test run using gasohol.

Hampton Dunn of Tampa, senior vice president of the Peninsula Motor Club (AAA), said he was quite pleased with the performance of his vehicle during the experiment and he recommends the use of the gasoline-alcohol mixture.

The fuel used in the long statewide run was a mixture of 90 percent unleaded gasoline and 10 percent ethanol.

There was no alcohol addition is a "hamburger helper" for the gasoline industry and extends fuel supplies, helping the United States reduce its imports of foreign oil.

It also provides an additional market for farm products.

Summarizing his findings, Dunn said: "There was improved engine performance with greater acceleration. Use of gasohol can reduce engine wear and corrosion because carbon deposits from the fuel are reduced, and there is evidence that gasohol actually

cleans the internal components of the engine. As a result, longer engine life and lower maintenance cost for engines run on gasohol may be expected.

"My records show that we got slightly better mileage using gasohol—approximately 8 to 9 percent. The feeling of the driver was that the car had more power, quicker pickup and easier passing with gasohol."

Mechanics reported that measurements showed that all exhaust emissions were well within the EPA exhaust emissions guidelines.

The spark plugs looked good, nothing appeared out of the ordinary. They also assured that there had been no damage to the rubber parts of the vehicles."

The AAA executive said the only drawback he experienced during the test was the inconvenience and lack of availability of gasohol. However, he said as production increases and popularity of the fuel grows, this should be no problem.

Even so, a motorist is never more than a full tank away from a gasohol station, Dunn traveled to all parts of the state, Pensacola, Marco Island, Miami, and Fernandina Beach, on all kinds of streets and highways during his test run. The Peninsula Motor Club is compiling a list of gasohol outlets throughout the state.

Dunn found that gasohol sales have more than quadrupled in Florida during the past year. He said that he found gasohol to cost about the same, or slightly less than ordinary unleaded gasoline.

During the last 10 years, there have been 6,423 pedestrians killed on Florida highways in 1980 compared to 666 in 1970. This is an increase of eight percent.

There were 6,478 pedestrians injured in 1980 compared to 6,545 in 1979. This points out a slight reduction in injuries in the overall count.

Of those pedestrians killed or injured, ages 1-19 had a slight reduction while the 20-44 group increased. The over 65 age group also had a reduction.

Crossing the roadway where there was no crosswalk caused the greatest number of fatalities. In 1979, 168 persons were killed by stepping in the path of a vehicle and in 1980, 216 died in the same manner.

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Todd Ward Meat Dept.

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104 N. Main St., Belle Glade
Rev. David T. Evans, Pastor
Sunday School 9:45 a.m.
Worship Service 11:00 a.m.
Bible Study 7:00 p.m.

WORSHIP CENTER
1424 W. Canal St., Ft. Lauderdale
Rev. Aaron Pettit, Pastor
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.

CHURCH OF GOD OF BELLE GLADE
Rev. C.W. Williams
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.

MIRACLE BY FAITH REVIVAL CENTER
N.W. 11th Ave., South Bay, Fla. 33495
Pastor, Elder BERRY HUMPHREY
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.

CHURCH OF THE LORD JESUS CHRIST OF THE APOSTOLIC FAITH
DEA. MELVIN WATERS
Worship Service 11:00 a.m.
Bible Study 7:00 p.m.

CHURCH OF GOD IN CHRIST
917 W. Ave. A, Belle Glade, FL 33420
Pastor, Elder CLARENCE BROWN
Sunday School 10:00 a.m.
Morning Worship 11:30 a.m.
Evening Worship 8:00 p.m.

CHURCH OF GOD IN CHRIST
205 S.W. Ave. B, Belle Glade, FL
Pastor, Elder JOHN ROBINSON
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 8:00 p.m.

BELLE GLADE ALBANY CHURCH
425 E. Canal St., North Belle Glade
Rev. Mark O'Farrell
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

SANIT JAMES A.M.E. CHURCH
4655 Lake Ave., Pahokee
The Apostolic Church of Jesus Christ
1316 W. Canal St., South Belle Glade
J.P. Field, Pastor
Sunday School 10:00 a.m.
Evening Worship 7:30 p.m.
Bible Study 7:00 p.m.

CANAL POINT BAPTIST CHURCH
1st Street
Rev. Ray Stedman, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.

FIRST BAPTIST CHURCH OF SOUTH BAY
3200 S. Bay Blvd., South Bay
Rev. Joe Hudson, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.

CHURCH OF THE HOLY TRINITY EPISCOPAL
1020 East Main Street
Sunday Mass 8:00 a.m.

SANIT JOHN'S EPISCOPAL CHURCH
221 W. Ave. C, Belle Glade
Rev. Charles Farrar
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

BIBLE CHURCH OF GOD
531 Riden Avenue, Pahokee
Rev. Robert L. Banks, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

FIRST BAPTIST CHURCH
17 N.W. Ave. B, Belle Glade, Florida
Rev. Robert Atkins
9:45 a.m. Sunday School
11:00 a.m. Morning Worship
Also on WSVN same time
7:30 p.m. Evening Worship
Wednesday 7:30 p.m.

CHURCH OF THE NAZARENE
16 N.W. Avenue D, Belle Glade
Rev. Darby Chambers
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Bible Study 7:00 p.m.

CHURCH OF GOD OF POKOKEE
2500 East Main Street, Pahokee
Les Carbaugh, Pastor
Sunday School 10:00 a.m.
Worship Service 11:00 a.m.
Evening Worship 7:00 p.m.

SANIT PETERS LUTHERAN CHURCH
1st St., North Belle Glade
Ralph W. Hobbschke, Pastor
Worship Service 9:30 a.m.
Sunday School 9:15 a.m.
Last Sunday of Month Worship 7:30 p.m.

CHURCH OF GOD
1855 Barfield, Pahokee
Rev. Ray Simmons, Pastor
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.

CANAL POINT UNITED METHODIST CHURCH
John S. Sanders, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

FIRST UNITED METHODIST CHURCH
491 East Main Street, Pahokee
Rev. A.C. Donnyan, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:30 p.m.

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- PERKINS FARMS — S.M. JONES & CO.

CETA helps students move ahead

... From the fields to the college classroom

BELLE GLADE -- Thanks to the federal funding program, Comprehensive Employment Training Act, administered by the Palm Beach County Commis-

sion, two former farmworkers are on their way to becoming elementary school teachers.

Mrs. Georgia Maldonado and Mrs. Veronica Jones Young,

participants in the CETA Individual Referral Program will graduate from Palm Beach Junior College at the end of the Summer term with a two year college degree.

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Ford said this is the third year the program has been in operation in the Glades and approximately 15 students have earned their GED (General Education Development) diplomas and an Associate of Arts or Science Degree from the local junior college.

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In this year's program, Ford said, Mrs. Georgia Maldonado's accomplishments speak for themselves.

Mrs. Maldonado, a former farmworker who traveled the fields from Florida to New York, has been a high school drop out for 21 years.

She earned her GED within two weeks after enrolling in the program, and will graduate from Palm Beach Junior College as a member of the elite, Phi Theta Kappa Honor Fraternity.

"Not only has Mrs. Maldonado completed the

program within 18 months but she also maintained a high 'B' average in all of her classes," said Ford.

Freddie Harrell, a member of the administrative staff at PBJC Glades Campus said Mrs. Maldonado was one of two delegates from the Glades campus to attend the National Phi Theta Kappa Convention held in New York City in June.

The mother of one son, only a month old when she enrolled in the program, Mrs. Maldonado said she is happy the life of a fieldworker is behind her.

A former Lake Shore High School student, Mrs. Maldonado said she dropped out of school in the 9th grade not because of academic problems but because she was ashamed of being poor.

"I was a country girl who lived in South Bay and I was ashamed of the clothes I had to wear to school," said Mrs. Maldonado.

As a result, Mrs. Maldonado said she spent the next 20 years of her life working the fields from Florida to New York.

"Each year the crop got worse, I made less money and it got harder and harder to make and make. I knew there had to be a better way to make a living," she said.

Although Mrs. Maldonado always wanted to go back to school she said she never could afford to do so until she overheard some friends talking about the CETA Individual Referral Program.

Mrs. Maldonado said soon after hearing of the program, she went to the CETA office, told of her plight, and was given a



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Because she scored as well as she did, Ford said, Mrs. Maldonado was placed in the Referral Program at PBJC that leads to a two college education instead of the Adult Education Basic Education Program at the Armory in Belle Glade.

Because of Mrs. Maldonado's academic success at Palm Beach Junior College, she wrote a paper entitled "Flight of a Migrant Worker," detailing her life as a migrant, to assist the college in securing funds and scholarships geared towards helping other migrant receive a college education.

Also participating in the program Mrs. Maldonado was Mrs. Jones. Mrs. Jones is a mother of three, and a high school drop out for 14 years will graduate from PBJC with honors also.

Mrs. Jones of Pahokee said she participated in the Adult Basic Education Program at the Armory for approximately

two months before she earned her GED and enrolled PBJC.

Both Mrs. Jones and Mrs. Maldonado plan to continue their educational goals at Florida Atlantic University beginning in August.

Mrs. Maldonado said she is working towards a degree in Elementary Education with a minor in Foreign Languages.

Mrs. Jones also will be

enrolling in the Elementary Education program at FAU.

Ford said the Individual Referral program pays for the student's cost of enrolling in school.

Ford said presently the program is on hold for the fall, but there is possibility CETA will sponsor the program once again for high school dropouts who wish to return to school.



Veronica Jones and James Ford Jr., go over admission papers for FAU.

Lee and Royal exchange wedding vows on June 26

Terri Ann Lee and John Charles Royal exchanged wedding vows during a double ring ceremony held June 26 at 6 p.m. in the Assembly of God Church in Clewiston with the Rev. Bernard Browne officiating.

The bride is the daughter of Mr. and Mrs. Roy C. Lee of 544 W. El Paso Ave. The groom is the son of Mr. and Mrs. Larry Royal of 216 NW Ave. E, Belle Glade.

Mrs. Anna Clinard, soloist, was accompanied by Mrs. Dessie Brown on the organ and Mrs. Mary Postell on the piano. Musical selections included "It's 'Let It Be Me'" and "We've Only Just Begun." The church was decorated during the candlelight ceremony with spiral and straight candelabras, window candles, palms, ficus, fern baskets, arrangements of white mums, pom-poms, glads and baby's breath. The pews were marked with the same flowers.

The bride was escorted to the altar by her father. She wore a white silk gown with a Queen Anne neckline, fitted bodice covered in Venice lace with seed pearls, double sheer skirt and chapel length train bordered with silk Venice lace. The gown had full sheer sleeves with Venice lace and chiffoni on the tight cuff. The tier-a-headpiece, with Venice lace, had appliques and flower droplets at each side. The cathedral length veil had matching Venice lace and appliques.

She carried a cascade arrangement of white sweetheart roses, miniature carnations, stephanotis and baby's breath centered with white orchids. The bride wore a yellow pants suit with a white accessories and a white orchid corsage from the wedding bouquet as her going-away outfit.



Mr. and Mrs. John C. Royal

Paula Cox served as the maid of honor. She wore an empire gown of mint green polyester with spaghetti straps, gathered bodice and a-line skirt with a circular chiffon cape. She carried a cascade arrangement of white fujii mums, miniature carnations, stephanotis and baby's breath. She wore a spray of baby's breath for a headpiece.

Bridesmaids were Lisa Dyess, Connie Irimia, and Kim Barton. They wore dresses, headpieces and carried flowers similar to the maid of honor's.

Destiny Winn was the flowergirl. She wore an organza gown of mint green with a scooped neck trimmed with lace. The full skirt was accented with bows and lace. She carried a bouquet similar to the bridesmaid's.

Royal, brothers of the groom, Howard Ayers, and Rose Lee, brother of the bride.

Benjamin Hutcheson served as the ringbearer. The groom wore white tails and a white-rose boutonniere, and the groomsmen wore dark green tuxedos with mint green ruffled shirts and white carnation boutonnieres.

The bride's mother wore a full-length mint green dress of polyester crepe with crystal belted skirts and a white orchid corsage.

The groom's mother wore a full-length peach dress of chiffon with a satin waistband and wore a white orchid corsage.

A reception was held after the wedding in the fellowship hall of the Assembly of God Church in Clewiston. The hall was decorated with white

Navarro completes Marine Corps Recruit training

Marine Pvt. Fernando Navarro, son of Armando Navarro and Maria C. Navarro of 530 SE Ave. F, Belle Glade, has completed recruit training at the Marine Corps Recruit Depot in Parris Island, S.C.

During the 11 week training cycle, Pvt.

Navarro learned the basics of battlefield survival. He was introduced to the typical daily routine that he will experience during his enlistment and studied the personal and professional standards traditionally exhibited by Marines.

He participated in an active physical condition-

ing program and gained proficiency in a variety of military skills, including first aid, rifle marksmanship and close order drill.

candelabras, white lace cloths with mint green trim, and arrangements of white fujii mums, pom-poms, baby's breath, and fern baskets.

Louis Stiles, Agnes Gibbs, Betty Ramirez, Sofia Ramirez, Becky Thomas, Laura Wirth, Judy Swindle, and Beverly Beck assisted with serving at the reception. Hank Schoenfeld was in charge of the bride's bouquet.

The couple took a wedding trip to Turpin Springs, Orlando, and Singer Island.

Out-of-town guests included: Mrs. Ruth Wedgworth, Mrs. Mary Daniels, Mrs. Vava Lamb, Mrs. Lee Crawford, Mr.

and Mrs. James Forrester and family, Mr. and Mrs. John Chambliss and Lynn Mr. and Mrs. George Dupere, Mr. and Mrs. Ray Caruthers, Mr. and Mrs. Michael Langdale, Mr. and Mrs. Roy Burch, Mr. and Mrs. and Mrs. Phil Prescott, all of Belle Glade.

Mr. and Mrs. Charles Dorsey, Miss Carol Wood, Mr. and Mrs. Mark Crisman and Ana and Maria Mendiguren all of West Palm Beach; Mr. and Mrs. Charles Royal and family, Mr. and Mrs. Ed Leonard of Royal Palm Beach; Mr. John Carswell of Gainesville; Mr. and Mrs. Bill Gist, Mr. and Mrs. Jeff Harris,

all of Lake Worth; Mrs. Earl Beck, Mrs. Conrad Fricke, all of Moore Haven.

Mr. and Mrs. James Wirth and Laura of Worth Beach; Mr. and Mrs. James Wirth, Mr. and Mrs. Earl Hingston, all of Canal Point; Mr. and Mrs. Don Tedder of Carrollton, Ga.; Mr. and Mrs. Filton Ricks and Jenny of Fort Myers Beach; Mr. and Mrs. Guy Glasgow and Beth of Jupiter; Mr. and Mrs. Larry Hingston and Sharon of Bonita Springs; Mr. and Mrs. Pierce Wilson, of Winter Haven; Mr. and Mrs. Phillip Ricks and family of Fort Lauderdale.

Ms. Susan Kotowicz Kotowicz to speak at Head Start banquet

BELLE GLADE -- Susan Kotowicz, a Virginia Migrant Health and Mental Health Services Center for Human Potential, will be the speaker at the Annual Head Start Banquet on Aug. 6, at 7:30 p.m., in the Gaines Park Gymnasium, 400 West Palm Beach.

The Center for Human Potential is sponsored by the Western Palm Beach County Mental Health Center, Belle Glade.

Ms. Autrie Williams, a Community Action staff person, said, "Head Start is fortunate to have Kotowicz as its speaker."

She has worked with the migrant health and mental health services as a consultant to workers Council for the past two years and is a specialist in dealing with problem children.

Ms. Kotowicz is a graduate of Florida State University School of Criminology. She also earned a degree of Social Work degree from FSU. She has a valuable experience was working in the Tallahassee Community Correctional Center.

"This was particularly valuable because many inmates were from agricultural areas and from parent families. Also most of their troubles out simply and early," she said.

Ms. Kotowicz, who has conducted a number of workshops and training programs for parents and children, said, "Behavior is a statement about a child's behavior says what they are."

The biggest cause of bad parent-child relationships is lack of "honesty," she said.

"The parent says 'do what I say, rather than what I do,'" she said.

(Continued on Page 10)

Houston named to FMC board

MIAMI— Mrs. Amelia Houston, a longtime Belle

Glade resident, community activist and businesswoman, has been named to the Board of Trustees at Florida Memorial College, along with several other outstanding leaders, including tennis pro Arthur Ashe, Jr.

Mrs. Houston's is a member of St. John First Baptist Church. She serves as president of the Senior Women Auxiliary of the Progressive Missionary and Education Baptist Convention of Florida. She is also historian of the National Baptist Convention of America.

Mrs. Houston is a member of the First Association of Matron of the Grand Royal Chapter of the Order of Eastern Star for the State of Florida and president and founder of the Women's Civic Club of Belle Glade. Dr. Willie C. Robinson, president of Florida

Memorial College, said he and the entire FM College family are proud to welcome Mrs. Houston to Florida Memorial College, as she has always been an important Christian leader and supporter of the College. He also attributes the success of the College's Annual Donation Day to Mrs. Houston's dedicated leadership.

Mrs. Houston said she expects to do whatever she can to help the college in its continued quest for excellence, and is honored to be a member of its decision making body.

Mrs. Houston resides at 563 W. Ave. A, with her husband, J.T. Houston.



Mrs. Amelia Houston

Bueno graduates

TIFTON, GA. — Jose R. Bueno of Belle Glade was one of 77 students who completed their requirements for graduation from Abraham Baldwin Agricultural College at the end of the spring quarter. Bueno received his degree in Agri-Science Technology.

Church of God by Faith plans revival services

BELLE GLADE — The Church of God by Faith, located at 625 S.W. Ave. B, under the pastorate of the Rev. John Robinson, will begin its annual revival services, Wednesday, July 29, and last in-

definitely. The guest evangelist will be the Rev. William Robinson of Maudehill, the pastor of the Church of God by Faith of Stuart. Services will begin each night at 8 p.m., the public is invited to attend.

Revival starts Monday

PAHOKEE — The Shiloh Missionary Baptist Church will sponsor its annual week-long revival services Monday, Aug. 3, through Friday, Aug. 7.

The Rev. James Allen of Miami will be the guest evangelist. The Rev. O.W. West, Jr., pastor of Shiloh Missionary Baptist Church, said the public is extended a cordial invitation to attend the services.

Each night, various community church choirs will be appear on the program. Services begin nightly at 8 p.m.

Good News Jamboree planned at First Baptist Church

BELLE GLADE—The First Baptist Church of Pahokee is sponsoring the first annual "Good News Jamboree" on Saturday, Aug. 8, at the Pahokee Harbor from 10 a.m. to 7:30 p.m.

The Jamboree will start out at 10 a.m. with a good old-fashioned family fun time with sack races, wheelbarrow races, volleyball, and other activities.

There is a nearby picnic area for those who plan to stay the entire day. At 1 p.m., an afternoon of

gospel singing by groups such as the Chuck Miller Family, The Palms Quartet, and the Hunt Family singers begins.

The afternoon schedule is as follows: 1 p.m.—The Chuck Miller Family from Ocala; 1:30 p.m.—Brother Joe Hudson; 2 p.m.—Activities, arts and crafts exhibits; 2:30 p.m.—The Chuck Miller Family; 3 p.m.—Herbie Futch; 3:30 p.m.—Activities, arts and crafts exhibits; 4 p.m.—Youth Choir from the Belvedere

Baptist Church; 5 p.m.—The Palms Quartet from Melbourne; 6 p.m.—Brother Jeff Davis; 6:30 p.m.—Activities; 6 p.m.—The Hunt Family from West Palm Beach; 6:30 p.m.—Brother Joe Hudson; 7 p.m.—The Palms Quartet.

Free drinks and dogs will be served all while they last.

The entire community is invited to bring their family and attend the event.



Mr. and Mrs. Rowe Myers

Myers celebrate 50th anniversary

BELLE GLADE—Mr. and Mrs. Rowe B. Myers of Belle Glade and Kirklin, Indiana, will celebrate their 50th wedding anniversary on August 2 at the Kirklin Yoke Ministry Fellowship Hall from 2 to 4 p.m.

Mr. and Mrs. Myers were married Aug. 5, 1931, at the home of her parents in Spencer, Indiana. They have one daughter, Mrs. Kenneth (Rosemary) Buchanan, of Belle Glade and one grand-daughter, Beth

Lynn, 5, who will be attending the celebration. They are retired teachers. When in Belle Glade, they are active in the Everglades Presbyterian Church and various fraternal organizations.

Special days at the zoo offered

WEST PALM BEACH — The Dreher Park Zoo's Education Department is sponsoring its End of Summer Safari Days Aug. 10 through the 14th.

Education Curator Wendy Williams said, "Our animal awareness sessions are for children of all ages who want to know more about the zoo and the animals that live here."

Each program is \$3 and includes admission to the zoo for the entire day. Discounts are available to Zoological Society Members.

Head Start

[Continued from Page 9]

do' and we also tell children what we want them to know rather than what we believe," she said.

"If we would emphasize 'could' rather than 'should,' we would be better off," she added.

"Physical punishment is not the answer," Ms. Kotowicz said. "If you beat your child now to get them to obey, perhaps you can get obedience but what will you do when they grow up and are bigger than you? There is a need to learn a better way," she said.

Ms. Kotowicz, a member of the National Association of Social Workers, will be introduced by John Warburton, director of the Head Start Department of Palm Beach County.

Reid elects officers

BELLE GLADE — Officers were elected Wednesday, July 10, to serve the Reid Chapter 196, Holy Royal Arch Mason, Most Excellent Grand Chapter of the State of Florida.

Presiding over the election and installation services were Deputy at Large, A.D. Reid and the District Deputy.

Deputy Reid was recently appointed to this position by the Grand High Priest of the State of Florida.

Officers installed were Comp. Marion Sherrod, High Priest; Comp. Louis Henderson, King; Comp. Clarence Woods, Serjeant; Comp. Oscar Redding, Captain of the Host; Comp. Will Perkins, Principal; Sojourner; Comp. Cleveland Byrd, Royal Arch Captain; Comp. Ivan Woods, secretary and Comp. W.O. Williams, treasurer.

Reid Chapter 196 was chartered in February of this year.

The funny bone got its name from the fact that it is the bone running from the shoulder to the elbow is the humerus bone.

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Pink sand beaches, spectacular fishing and sailing, and exciting tropical restaurants — all on an island reaching far into the warm, blue Gulf Stream. Show this coupon to friendly native merchants and get a free explorer's pack of gifts and discounts.

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Farm Safety Week

July 25 - 31st

farm carelessness costs you!

Why pay the price? Carelessness can happen anytime...any place on the farm...but a watchful eye can prevent many potential accidents. Spend a few minutes a day making safety checks. Educate each and every person on the farm as to the possible hazards, and how to avoid them. Farm safety works when you work at it!

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You can help your children keep their good eye-sight by making them aware of a few simple safety facts. Teach them the dangers of scissors, sticks, broken glass, BB guns, fireworks, bats, and balls, bows and arrows.

For a free pamphlet on children's eye safety, send a stamped, self-addressed, business-size envelope to your state Society to Prevent Blindness or to the National Society to Prevent Blindness, 79 Madison Avenue, New York, N.Y. 10016.



The first panel quiz show on radio was in formation Please, aired May 17, 1938.

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Hospital sends \$6.9 million budget to county

Glade-A proposed \$6.9 million budget of \$6.9 million was sent on to Beach County Board of Health for approval tonight by the General Hospital Board.

The proposed budgeted disbursements of \$6.9 million is an increase from the more than \$5 million 1990-91 budget. The new budget would take effect Oct. 1.

The biggest expense in the proposed budget is the nursing service, at an estimated \$1.2 million, up from \$963,700 this year. It is the only proposed million-dollar expense.

Hospital officials said the new budget allowed for about a 10 percent increase in room occupancy and about a 16 percent increase in hospital rates, across the board.

The board also considered letters of complaint from two local doctors on their bad debt problems.

Dr. Miguel Tame, a radiologist and Dr. Mario Ramos, a pathologist, complained that they were only receiving 47 and 41 percent, respectively, of the amounts they were billing their Glades General patients. They were experiencing these problems even after extensive collection agency and legal efforts.

Most of the doctors' problems stemmed from "private patients," or patients without any form of medical insurance. The two said 95 percent of the

amounts due them from these patients was not being remitted.

In previous years, the two had been paid on a contract basis by the hospital. Now, they bill their clients separately from other hospital charges.

Hospital Administrator Pat Lennon said this problem was not unique to Tame and Ramos. In the proposed new budget, he pointed out that more than \$1.8 million (or about 31 percent of all hospital charges) are anticipated as being unpaid.

In cases where patients qualify for Medicare, the doctors said they receive 80 percent of what's owed. In state welfare cases, the two said they received about one-third.

Ramos and Tame asked the board to renegotiate its contracts with them.

The board declined. In either action the board:

—voted to form a committee to study how best to finance and administer the hospital district's upcoming emergency room revenue bond issue.

—heard a report on the hospital's recruiting efforts. Dr. Tom Rostow, who is moving to Deer Lake soon, has been hired as a general surgeon.

—reviewed several possible and existing malpractice cases pending against the hospital.

—Accepted a bid from the Bank of Babes for a tax anticipation note for \$300,000 at 7.75 percent per annum, to be paid off in January.

—approved the minutes, disbursements and looked over the financial statement.

Medfly preparations beginning to intensify

TALLAHASSEE—A federal court order dissolving the Florida quarantine on California fruits because of the Mediterranean fruit fly infestation on the West Coast will mean increased surveillance of all California produce coming into Florida, Hal Jones, director of this Florida anti-Medfly campaign said Friday, July 24.

Installation of Medfly traps in North and West Florida will be boosted, as the critical points for detection of foreign pests will shift away from external ports of entry to the highways leading to Florida terminals, he said.

"We're going to get all supervisors of the trapping program together next week and review our entire trapping program to see if there are any soft spots," Jones commented. Medfly traps pro-

vide early detection which is the first line of defense, he explained.

"We may ask the U.S. Department of Agriculture to increase its trapping at international ports of entry where we parallel them, as they control the movement through the ports," he said.

Traps have been increased in Escambia County around terminals where produce from

California is unloaded, and around all retail stores, terminals and garbage dumps in other parts of Florida. The trapping program in West Florida is not as concentrated as the rest of the state because there are few houses in West Florida that could sustain an infestation if the Medfly should come into Florida.

Produce from California will be monitored from the time it comes through

an inspection station to the retail outlet, a program which was in effect before the Florida quarantine was imposed. State inspectors will be spending more time on the terminal point and retail store inspections checking fruit and vegetables from California, Jones said.

During the period that the quarantine was in effect, from 12:01 a.m. July 20 to 6:55 p.m. July 23,

state inspectors rejected 19 loads of California produce out of 115 truckloads which entered the state.

The quarantine was lifted by Federal Dist. Judge Lynn C. Higby in Panama City late Thursday in a case brought by the Grape and Tree Fruit Growers League of California.

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Sugar industry defends safe status, hits critics

WASHINGTON, D.C. — A spokesman for the sugar industry has lashed back at a consumerist group that is attempting to overturn the GRAS (Generally Recognized as Safe) status of nutritive sweeteners.

The GRAS List is maintained by the Food and Drug Administration. A consumerist group — Center for Science in the Public Interest — last week wrote to Richard Schweiker, Secretary of the Department of Health

and Human Services, asking that a special committee be convened to evaluate the impact of refined sweeteners on health.

"That the CSPI letter suggests a causation factor between the consumption of nutritive sweeteners and killer diseases, such as diabetes and heart disease, is both wrong and irresponsible," J. R. O'Connell, president of the Sugar Association, said, in a letter to Secretary Schweiker.

"The exhaustive four-year study establishing sugar's safety — was carried out for the FDA by the Federation of American Societies for Experimental Biology, one of the world's most

prestigious scientific organizations — the ultimate source of authority on such matters in this country," O'Connell pointed out.

At least three other major reviews in recent years have corroborated the conclusions of the Select Committee on GRAS Substances. They are from the American Society for Clinical Nutrition's Task Force on Evidence Relating Six Dietary Factors to the Nation's Health (1979); HEW, USA, FDC Food Labeling/Tentative Positions of Agencies Paper (1979); and "Sucrose and Disease," by Nuttall and Gannon in Diabetes Care (1981), the Association's vice president for scientific affairs, Dr. G. Norris Bollenback, indicated in supporting commentary.

"We take exception to all self-appointed study groups that arbitrarily charge the scientific community — including Government health officials and industry scientists — with irresponsibility or careless actions. We take particular exception when lay opinion concern-

ing the health of individuals is foisted off on the public as scientific fact. This is the cruelest form of consumer exploitation," O'Connell said.

"In the years prior to 1976, it was profitable sport for pseudo-scientists, primarily the promoters of fad foods and diets, to accuse sugar of everything from hangovers to heroin addiction. This is also very popular among publicity-seeking show business personalities. Unfortunately, some well-meaning but misinformed consumerists were swept up in this highly visible pursuit.

"With this in mind, one can understand that after many years of unimpeded pseudo-scientific carping, the critics of nutritive sweeteners would be properly outraged by the definitive declaration of the scientific community establishing sugar's safety," O'Connell said.

"Over the years we've been confronted with every crackpot boistering on the scientific fringe. The law permits them to

say anything concerning nutrition to anyone, anywhere, as long as they don't put it on a label. We're sick of it," O'Connell commented.

"We're of the firm conviction that the scientific community must be the source of information in matters of nutrition and health to the public and those in Government who look out for consumer interests. This is not a job for laymen," O'Connell said.

The Association's letter to Secretary Schweiker included individual comment on each of the CSPI points and extensive backup materials.

The Sugar Association is the arm of the industry responsible for explanation and substantiation of matters pertaining to sugar's nutritional contribution and dietary role. It funds scientific research and conducts a program of public information.

Watch for mango disease

Many of our area mango trees are beginning to mature fruit and with the increase in temperatures and humidity there has also been increased development of numerous diseases both in the foliage and maturing fruit.

One of the most serious is called anthracnose. This fungus appears as tiny darkened areas on the skin of mature fruit as the fruit begins to soften. The fungus invades the interior of the fruit making it unfit for your use. Often times severely infected fruit aborts from the tree.

This fungus is also found on branches and foliage where it can cause enough damage to severely injure the tree. The black spots on foliage typically are anthracnose or other closely related leaf spots and these need to be controlled by spraying on a two-week schedule for several applications with a fungicide such as Copper or Benlate.

Trees which are heavily infected may take many months to completely recover and during this time they need to be given frequent feedings with a fruit tree fertilizer.

Green mangoes which are being knocked off the tree by high winds accompanying our afternoon thunder storms can be utilized for mango pies, sauce or other products so don't throw these fruit away thinking that they are not usable.

To insure the best flavor in mango fruit they should be ripened fully on the tree and, of course, there is quite a variation in the flavor of mangoes since there are over 300 different types.

If you do not have a mango tree and are thinking about buying one, taste a number of different varieties and pick the one that tastes best to you. Then try to locate a grafted tree of that variety at one of our many local nurseries that sells grafted trees.

Mango trees make excellent trees and grow quite large, 50 feet or more at maturity. Give trees sufficient space to allow for this mature size unless you are willing to prune them regularly and if pruning is done it should be done immediately following the fruiting period.

Mango trees grow at the rate of three or four feet a year and should be planted in well-drained and fertilized regularly with a complete fertilizer type fertilizer. The same type of fertilizer used on citrus is most commonly used on mangoes and this can be applied every four to six weeks on young, non-bearing trees and every four months on bearing trees.

Mango trees are somewhat susceptible to the effects of freezing temperature, particularly when young, and should be covered or protected until they reach a height of eight to ten feet with a trunk diameter in excess of two and a half inches.

When unusual freezes occur, such as the one in 1977, even large mature trees may suffer damage; however, the following spring after the freeze damage the tree can be severely pruned and fertilized and it normally makes a rapid recovery and is back in production in many cases the following season.

Information on the care of mangoes can be obtained in a mango fact sheet which is available from your local Cooperative Extension Service office.

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Christian Day School
996-5598
Belle Glade, Florida

Public notices

and Employment Security
Joy Johnson, LES Facilities,
Services CoordinatorMO
81-48
July 29, Aug. 6, 1981

NOTICE TO BID

INVITATION TO BID BY FLORIDA
DEPARTMENT OF LABOR AND
EMPLOYMENT SECURITY
TALLAHASSEE, FLORIDAPursuant to Chapter 78-166,
LAWS OF FLORIDA, competitive
sealed bids will be accepted in the
Office of Support Services,
254 Marathan Building,
Tallahassee, Florida 32301, until
10:00 a.m. Aug. 10, 1981, for ap-
proximately 4,827 square feet of
office space within the city limits
of Belle Glade, County of Palm
Beach, Florida.Specifications may be picked
up from Mr. Joe Taylor, Manager,
Florida State Employment Ser-
vice, 300 Southwest 16th Street,
Belle Glade, Florida 33430.
Telephone (305) 996-3067.The Florida Department of
Labor and Employment Security
reserves the right to reject any
and all bids and to make the
award deemed to be the best in-
terest of the State of Florida.
The Florida Department of LaborOne two way state L.G.R. base
made with lower and onto in-
stalled. For detailed specifi-
cations contact the Glades County
Civil Defense office in Moore
Haven, (813) 946-1217. No bids
accepted after Friday August 7th
1981.R. O. Harris
Executive Director
Glades County
Civil DefenseMO
81-48
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CIRCULATION 23,000

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4. CALL A PROFESSIONAL	12. MISC. FOR SALE
401 BUSINESS OPPORTUNITY 402 MISCELLANEOUS	14. REALTY FOR RENT
5. FINANCIAL	15. REALTY FOR SALE
501 BUSINESS OPPORTUNITY 502 MISCELLANEOUS	1501 HOMES 1502 MOBILE HOMES 1503 ACREAGE 1504 BUSINESS SITES 1505 GROVES AND FARMS 1506 AFTER PROPERTY
6. PETS - LIVESTOCK	1601 APARTMENTS - FURNISHED 1602 APARTMENTS - UNFURNISHED 1603 HOMES - FURNISHED 1604 HOMES - UNFURNISHED 1605 MOBILE HOMES - FURNISHED 1606 MOBILE HOMES - UNFURNISHED
601 PETS FOR SALE 602 LIVESTOCK FOR SALE 603 FREE PETS 604 BREEDING SUPPLIES	17. REALTY FOR SALE
7. MERCHANDISE	1701 HOMES 1702 MOBILE HOMES 1703 ACREAGE 1704 BUSINESS SITES 1705 GROVES AND FARMS 1706 AFTER PROPERTY
701 FURNITURE - HOUSEHOLD GOODS 702 APPLIANCES 703 STEREO 704 SPORTING GOODS 705 BOATS - MOTORCYCLES - TRAILERS 706 CLOTHING & TOYS	

1. ANNOUNCEMENTS

101 NOTICES

FREE - Social offered by Karen Moore, Mary Kay Beauty Consultant. Please call for an appointment, 813/983-9958. 101.7-29c

BUTCHERS BLOCK Meat Market, family prices for U.S.D.A. beef. Beef by quarter only. We hang, cut and wrap local meat. 813/946-8577. 101.8-25c

I WILL NOT be responsible for debts other than my own. Richard Accetta 101.7-29p

102 LOST & FOUND

UNMOUNTED 11/5 Kaver Baby, vicinity of Community Presbyterian Church, or Shook. Call 813/983-8787 days or 813/932-7093 evenings. \$100 reward. 102.8-3c

1 SOUND: Female Shepard mix. Found Pl. Road. 102.8-75c

5 102.8-75c

104 BUSINESS PERSONALS

NEED CASH
I will buy old coins and guns. Call for price. 305/996-7413
After 6 p.m. Belle Glade

104 BUSINESS PERSONALS

WANTED: Security guards, night watchman. Full or part-time. 813/983-7738
Clewiston or call collect 203/484-4752. 201.1c

WANTED: Garage, guardettes, and night watchman. Must have experience. Send reply to Guards, P. O. Box 740, Belle Glade, FL 33440 or call collect 203/484-4752. 201.1c

EARN \$50/week earning, selling Envelopes. Free details. Write "Home workers-BL" Box 138, Seale, AL 36811. 201.2-19p

IF YOU NEED major computer work, about rack handling and fishing and painting. call 673-2487 or 673-1721. 201.7-29c

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BELLE GLADE - For the past five weeks students enrolled in the City of Belle Glade recreation program as Glades Central High School have been busy participating in a muscle toning program offered by Coach Willie McDonald.

Coach McDonald said many of the young men in the summer recreation program would use the Glades Central weight room to strengthen their muscles.

McDonald said he noticed a lot of the young athletes using the machinery was using it improperly.

"The youth would use the equipment to stretch the top half of their body and forget all about the bottom half," said McDonald.

As a result, McDonald said he started a muscle toning program at the school each morning.

McDonald said each morning at 9:30 approximately 40 young men gather in the

Glades Central weight room to go through a hour of drills.

McDonald said the program will last approximately a week or two and persons interested are invited to come out and participate.

Last week, McDonald said the Glades Correctional Institution weight training team came out to the school to put on a demonstration for the young men in the muscle toning program.



Men's Softball team standings

Division A

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Lost

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2. Glades Sugar
3. Okelanta
4. Union 76
5. Bonavia
6. F.W. Farms
7. All-Stars
8. L. Merchants

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- 3 Bobby Compe
- 4 Kentucky Fried
- 5 Glades Gen. Hoop.
- 6 E. F. E.
- 7 Seminole Supply
- 8 Edens
- 9 Quaker Oats
- 10 Glades Ag. Ser.

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Hospital sends \$6.9 million budget to county

Belle Glade—A proposed 1981-82 budget of \$28,000 was sent on to Palm Beach County Commission for approval Tuesday night by the Belle Glade General Hospital Board.

The proposed budgeted disbursements of \$6.9 million is an increase from the more than \$5 million 1980-81 budget. The new budget would take effect Oct. 1.

The biggest expense in the proposed budget is the nursing service, at an estimated \$1.2 million, up from \$983,700 this year. It is the only proposed million-dollar expense.

Hospital officials said the new budget allowed for about a 10 percent increase in room occupancy and about a 15 percent increase in hospital rates, across the board.

The board also considered letters of complaint from two local doctors on their bad debt problems.

Dr. Miguel Teme, a radiologist and Dr. Mario Ramos, a pathologist, complained that they were only receiving 47 and 41 percent, respectively, of the amounts they were billing their Glades General patients. They were experiencing slum problems even after extensive collection agency and legal efforts.

Most of the doctors' problems stemmed from "private patients," or patients without any form of medical insurance. The two said 95 percent of the

amounts due them from these patients was not being remitted.

In previous years, the two had been paid on a contract basis by the hospital. Now, they bill their clients separately from other hospital charges.

Hospital Administrator Pat Lennon said this problem was not unique to Teme and Ramos. In the proposed new budget, he pointed out that more than \$1.8 million (or about 31 percent) of all hospital charges are anticipated as being unpaid.

In cases where patients qualify for Medicare, the doctors said they receive 80 percent of what's owed. In state welfare cases, the two said they received about one-third.

Ramos and Teme asked the board to renegotiate its contracts with them.

The board declined. In other action the board:

—voted to form a committee to study how best to finance and administer the hospital district's upcoming emergency room revamping bond issue.

—heard a report on the hospital's recruiting efforts. Dr. Tom Rostes, who is moving to Deer Lake soon, has been hired as a general surgeon.

—reviewed several possible and existing malpractice cases pending against the hospital.

—Accepted a bid from the Bank of Palm Beach for a tax anticipation note for \$800,000 at 7.75 percent per annum, to be paid off in January.

—approved the minutes disbursements and looked over the financial statement.

Medfly preparations beginning to intensify

TALLAHASSEE—A federal court order dissolving the Florida quarantine on California fruits because of the Mediterranean fruit fly infestation on the West Coast will mean increased surveillance of all California produce coming into Florida, Hal Jones, director of the Florida anti-medfly campaign said Friday, July 24.

Installation of Medfly traps in North and West Florida will be boosted as the critical points for detection of foreign pests will shift away from external ports of entry to the highways leading to Florida terminals, he said.

"We're going to get all supervisors of the trapping program together next week and review our entire trapping program to see if there are any soft spots," Jones commented. Medfly traps pro-

vide early detection which is the first line of defense, he explained.

"We may ask the U.S. Department of Agriculture to increase its trapping at international ports of entry where we parallel them, as they control the movement through the ports," he said.

Traps have been increased in Escambia County around terminals where produce from

California is unloaded, and around all retail stores, terminals and garages dumps in other parts of Florida. The trapping program in West Florida is not as concentrated as the rest of the state because there are few hosts in West Florida that would sustain an infestation if the Medfly should come into Florida.

Produce from California will be monitored from the time it comes through an inspection station to the retail outlet, a program which was in effect before the Florida quarantine was imposed. State inspectors will be spending more time on the terminal point and retail store inspections checking fruit and vegetables from California, Jones said.

During the period that the quarantine was in effect, from 12:01 a.m. July 30 to 6:55 p.m. July 23,

state inspectors rejected 19 loads of California produce out of 116 truckloads which entered the state.

The quarantine was lifted by Federal Dist. Judge Lynn C. Higby in Panama City late Thursday in a case brought by the Grape and Tree Fruit Growers' League of California.

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Sugar industry defends safe status, hits critics

WASHINGTON, D.C. — A spokesperson for the sugar industry has lashed back at a consumerist group that is attempting to overturn the GRAS (Generally Recognized as Safe) status of nutritive sweeteners. The GRAS List is maintained by the Food and Drug Administration.

A consumerist group — Center for Science in the Public Interest — last week wrote to Richard Schweiker, Secretary of the Department of Health

and Human Services, asking that a special committee be convened to evaluate the impact of refined sweeteners on health. "In that the CSPI letter suggests a causation factor between the consumption of nutritive sweeteners and killer diseases, such as diabetes and heart disease, it is both wrong and irresponsible," J. R. O'Connell, president of the Sugar Association, said, in a letter to Secretary Schweiker.

"The exhaustive four-year study establishing sugar's safety — was carried out for the FDA by the Federation of American Societies for Experimental Biology, one of the world's most

prestigious scientific organizations — is the ultimate source of authority on such matters in this country," O'Connell pointed out.

At least three other major reviews in recent years have corroborated the conclusions of the Select Committee on GRAS Substances. They are from the American Society for Clinical Nutrition's Task Force on Evidence Relating Six Dietary Factors to the Nation's Health (1979); HEW, USDA, FTC Food Labeling/Tentative Positions of Agencies Paper (1979); and "Sucrose and Disease," by Whitall and Gannon in Diabetes Care (1981). The Association's vice president for scientific affairs, Dr. G. Norris Bollenback, indicated in supporting commentary.

"We take exception to all self-appointed lay groups that arbitrarily charge the scientific community — including Government health officials and industry scientists — with irresponsible or careless actions. We take particular exception when lay opinion concerning

the health of individuals is forced on the public as scientific fact. This is the cruelest form of consumer exploitation," O'Connell commented.

"In the years prior to 1976, it was profitable sport for pseudo-scientists, primarily the promoters of fad foods and diets, to accuse sugar of everything from hangovers to heroin addiction. This is also very popular among publicity-seeking, show business personalities. Unfortunately, some well-meaning but misinformed consumerists were swept up in this highly visible pursuit."

"With this in mind, one can understand that after many years of unimpeded pseudo-scientific carping, the critics of nutritive sweeteners would be properly outraged by the definitive declarations of the scientific community establishing sugar's safety," O'Connell said.

"Over the years we've been confronted with every expedient lobbying on the scientific fringe. The law permits them to

say anything concerning nutrition to anyone, anywhere, as long as they don't put it on a label. We're sick of it," O'Connell commented.

"We're of the firm conviction that the scientific community must be the source of information in matters of nutrition and health to the public and those in Government who look out for consumer interests. This is not a job for laymen," O'Connell said.

The Association's letter to Secretary Schweiker included individual comments on each of the CSPI points and extensive backup materials.

The Sugar Association is the arm of the sugar industry responsible for explanation and substantiation of matters pertaining to sugar's nutritional contribution and dietary role. It funds scientific research and conducts a program of public information.

Watch for mango disease

Many of our area mango trees are beginning to mature fruit and with the increase in temperatures and humidity there has also been increased development of numerous diseases both in the foliage and maturing fruit.

One of the most serious is called anthracnose. This fungus appears as tiny darkened areas on the skin of mature fruit and as the fruit begins to soften the fungus invades the interior of the fruit making it unfit for your use. Often times severely infected fruit aborts from the tree.

This fungus is also found on branches and foliage where it can cause enough damage to severely injure the tree. The black spots on foliage typically are anthracnose or other closely related leaf spots and these need to be controlled by spraying on a two-week schedule for several applications with a fungicide such as Copper or Benlate.

Trees which are heavily infected may take many months to completely recover and during this time they need to be given frequent feedings with a fruit tree type fertilizer.

Green mangoes which are being knocked off the tree by high winds accompanying our afternoon thunder storms can be utilized for mango pie, sauce or other products so don't throw these fruit away thinking that they are not usable.

To insure the best flavor in mango fruit they should be ripened fully on the tree and, of course, there is quite a variation in the flavor of mangoes since there are over 300 different types.

Many area residents may have trees which they started from seed and the fruit on seedlings may vary considerably as

to its quality.

If you do not have a mango tree and are thinking about buying one, taste a number of different varieties and pick the one that tastes best to you. Then try to locate a grafted tree of that variety at one of our many local nurseries that sells grafted trees.

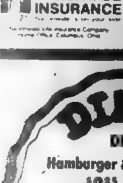
Mango trees make excellent trees and grow quite large, 60 feet or more at maturity. Give trees sufficient space to allow for this mature size unless you are willing to prune them regularly and if pruning is done it should be done immediately following the fruiting period.

Mango trees grow at the rate of three or four feet a year and should be planted in well-drained and fertilized regularly with a complete fruit tree type fertilizer. The same type of fertilizer used on citrus is most commonly used on mangoes and this can be applied every four to six weeks on young, non-bearing trees and every four months on bearing trees.

Mango trees are somewhat susceptible to the effects of freezing temperatures, particularly when young, and should be covered or protected until they reach a height of eight to ten feet with a trunk diameter in excess of two and a half inches.

When unusual freezes occur, such as the one in 1977, even large mature trees may suffer damage; however, the following spring after the freeze damage the tree can be severely pruned and fertilized and it normally makes a complete recovery and is back in production in many cases the following season.

Information on the care of mangoes can be obtained in a mango fact sheet which is available from your local Cooperative Extension Service office.



DINO'S DINER

Hamburger & Cheeseburger
5235 & 5245
We've Got More Than Just Pizza
OPEN

Mon.-Wed. 11:00-10:00
Thurs. 11:00-11:00
Fri.-Sat. 11:00-12:00
Sun. 6:00-10:00

PIZZA

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SAVINGS & LOAN ASSOCIATION

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Belle Glade 128 North Main Street (305) 924-7144
Pahokee 323 Bacon Point Road
Clewiston Segarland Plaza, Hwy. 27 (813) 983-6146

LENDER

The Oldest Private School in Belle Glade!

Christian Day School

996-5398

Belle Glade, Florida

Day Care, K-4, K-5, 1-12

Students of all races admitted

Transportation

Full-accredited by Florida Association of Christian Colleges and Schools

Strong Academics and Bible

Extended child care (before and after school)

Friendly, controlled atmosphere

Well-trained, caring faculty

Sports Program

Carpeted, air-conditioned class rooms

Sandwich lunch

Coeducational

Cultural interests

Creative approaches to education

Field trips, Extra-curricular Activities

Spanish Program, Competitive Rates

Exciting plans for Music Program - 81-82

Centro de cuidar niños el día entero, K-4, K-5, 1-12

Estudiantes de todas las razas admitidos.

Transportación

Completamente acreditado por la Asociación de Colegios y Colleges Cristianos de la Florida.

Sistema académico fuerte y Biblia

Cuidado de niños (antes y después del colegio)

Ambiente controlado y agradable para el estudiante

Maestros bien entrenados que se preocupan de dar una buena enseñanza a sus alumnos.

Programas de Deportes

Aulas alfombradas y con aire acondicionado.

Almuerzos de sandwich.

Enseñanza coeducacional.

Intereses culturales, viajes a lugares importantes, otras muchas actividades aparte de las académicas

Programas de Español y planes excitantes para programas de músicas.

Christian Day School

996-5398
Belle Glade, Florida

Public notices

LOCAL NOTICE

INVITATION TO BID BY FLORIDA DEPARTMENT OF LABOR AND EMPLOYMENT SECURITY TALLAHASSEE, FLORIDA Pursuant to Chapter 78-36, LAWS OF FLORIDA, competitive sealed bids will be accepted in the Office of Support Services, 254 Marathon Building, Tallahassee, Florida 32301, 10:00 a.m. Aug. 10, 1981, for approximately 4,827 square feet of office space within the city limits of Belle Glade, County of Palm Beach, Florida.

Specifications may be picked up from Mr. Joe Taylor, Manager, Florida State Employment Service, 300 Southwest 14th Street, Belle Glade, Florida 33430. Telephone (202) 996-6666. The Florida Department of Labor and Employment Security reserves the right to reject any and all bids and to make the award deemed in the best interest of the State of Florida. The Florida Department of Labor

and Employment Security
Jay Johnson, LES Facilities
Services Coordinator

NOTICE TO BID

One two way state L.G.R. base radio with tower and antenna installed. For detailed specifications contact the Glades County Civil Defense office in Moore Haven. (813) 946-1217. No bids accepted after Friday August 7th 1981.

R. G. Harris
Executive Director
Glades County
Civil Defense

NO BIDS
July 29, 1981

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GCCH students tone muscles for the Fall

Lake
Drive In Theatre
Belle Glade, Florida
Begins, Fri., July 31
Thru Thurs., Aug. 6

Cheech & Chong's Nice Dreams
—Starring—
Cheech & Chong
(in Color)

—ALSO—
Hollywood Nights
—Starring—
Tony Danza
(in Color)

PAY LESS - GET MORE
FOREMOST
Liquor Stores
210 W. Sugarland Clewiston 813/983-7890

SALE RUNS THRU SAT. SIZE	AM.
SEAGRAMS 7	Ltr. 6.99
OLD CROW	Ltr. 8.79
JOHNNIE WALKER RED	750 ML 8.99
CUTTY SARK	750 ML 8.59
CANADIAN MIST	Ltr. 6.79
CANADIAN LORD CALVERT	Ltr. 6.99
GILBEYS GIN	Ltr. 5.99
GILBEYS VODKA	Ltr. 4.99
BACARDI RUM	Ltr. 6.99
CELLA LAMBRUSCO & BIANCO	750 ML 2.59

WEEKLY BEER SPECIAL
MULLER LITE
12 OZ. CANS
6/82.19

LARGEST & COLDEST
Stock of Beer in Clewiston

18 IMPORTED BEERS
From Around The World

What are you doing tonight, baby?

Just what I do
Every Monday thru
Saturday night,
from 9 p.m. to 2 a.m.
I'm listening to
Soulman Nat The Cat!

Catch The Hottest Sound in Palm Beach County!
NAT THE CAT ON WSWN-FM 93.5



Men's Softball team standings

Division	Win	Lost	9. First Amer. Bank	3
A				
1. Mace Sod	13			
2. Glades Sugar	11			
3. Okelanta	9			
4. Union 76	9			
5. Bonavia	7			
6. F.W. Farms	4			
7. All-Stars	4			
8. L. Merchants	3			

Division	Win
B	
1. G & G Grocery	14
2. L & L Lettuce	12
3. Bobby Conipe	10
4. Kentucky Fried	9
5. Glades Gen. Hosp.	8
6. E. F. E.	8
7. Seminole Supply	7
8. Edens	6
9. Quaker Oats	6
10. Glades Ag. Ser.	2

Glades Ag. Service wins. Glades Ag. Service, after being winless in 15 games, won Thursday night by beating Glades General Hospital 14 to 13. On their next outing, they beat Seminole Supply 11 to 9. Mace Sod and G & G Grocery hold first place in their respective divisions.

NOW is the time
to open an Interest-Checking
Account with Bank of Pahokee

**Ask Us About
Our IRA tool!**

800 S. Main
Belle Glade
996-8800

104 S. Lake
Pahokee
924-1102

MEMBER Bank of Pahokee

1. ANNOUNCEMENTS

101NOTICES

FREE - facial offered by Karen Baker, vicinity of Community Presbyterian Church, on Hwy. 1, Call 813/983-4727 days or 813/983-7800 evenings. \$100 yearly.

1. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

2. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

3. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

4. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

5. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

6. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

7. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

8. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

9. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

10. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

102 LOST & FOUND

LOST - 1/2 1/2 Karat Ruby, vicinity of Community Presbyterian Church, on Hwy. 1, Call 813/983-4727 days or 813/983-7800 evenings. \$100 yearly.

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10. 90000 - Furniture, Staircase, etc. Found in yard. 102.5-30c

104 BUSINESS PERSONALS

101NOTICES

R.A.I. of Clewiston, Inc.
Rumfelt-American Insurance
SAVE ON LIFE INSURANCE
201 E. Ventura St., Clewiston
813/983-1917

Storage & Warehouse Space for Rent
KENNEDY REAL ESTATE OF LABELLE
813/675-1917

2. EMPLOYMENT - HELP WANTED

WANTED: Security guards, night watchmen. Full or part-time. 813/983-7738

Clewiston or call collect 385/644-8232. 201.7c

WANTED: Security guards, night watchmen. Must have transportation. Send reply to Glades, P. O. Box 740, Belle Glade, FL 33440 or call collect 385/644-8232. 201.7c

NEED CASH
I will buy old coins and guns. Call for price.
303/996-7413
After 6 p.m. - Belle Glade

POSITIONS AVAILABLE

Secretary for Maintenance/Transportation, Finance Clerk for finance department, bus driver, substitute bus driver, and property records clerk.

Applications will be accepted through July 31st, at the Glades County School District Superintendent's Office, Moore Haven.

CLASSIFIED

8 acres. Pale brown with 2 weak
14. Stronger, same. Escaped

813/675-1717
369 Hwy. 80 West
LaBelle, FL 33935

BRAND NEW 14' WIDE 1981
From **\$13,500** **Furnished 2 BR**
Delivery
MUSTANG MOBILE HO

and Set-Up
MEAS INC.
305/689-6850

Cherokee Land
Murphy N.C.

you the new owner.
listings. We have all
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cabins, houses, old
free listing brochure.
-7421. Write or call

How to water household plants

By GERALD SWAN
Extension Agent I
Ornamentals
Palm Beach County

Question:
Can you tell me how to determine when and how to water my house plants?

Answer:
One of the most common causes of death of house plants is improper watering. When too much water is applied, the root system is unable to function properly as the soil becomes water-soaked and air is excluded; smothering and decaying

of roots follow. The amount and frequency of watering depends on the following variables:

Media — A high organic or clay will retain more water than a sandy soil.

Pot — Porous (clay) pots require more frequent watering than non-porous (glazed clay or plastic) pots.

Plant — Some plants like to remain on the dry side while some plants prefer moist conditions.

Plant Size — Plants with a lot of leaves in

comparison to the pot will need more frequent watering than those with a few leaves.

Humidity — The lower the humidity (moisture in the air) the more often a plant will need to be watered.

Stage of Growth — If a plant is dormant (not actively growing) it will need less water.

The idea is to water when necessary. The following signs may be used to determine when to water:

Touch — The most accurate gauge to follow is to water when the soil becomes dry to the touch. Stick your finger into the soil up to the first joint, if it is dry at the finger tip you need to water.

Tapping the Pot — When the soil in a pot begins to dry, it shrinks away from sides of the pot. Tap the side of the pot with the knuckles or a stick; if the sound is dull, the soil is moist, if hollow, water is needed.

Estimating Weight — When the soil becomes dry there is a definite loss in weight.

Judging Soil Color — The soil will change from a dark to light color as it dries.

When plants require water, water thoroughly. The rule is to apply enough lukewarm (room

temperature) water until it runs out the bottom of the pot. This serves two purposes. First, it washes all excess salts out of the pot. Second, it guarantees that the bottom 2-3 of the pot gets properly watered. Do not allow the pot to stand in water too long. Empty the drip saucer.

The application of water from the top with a watering can is the most common method of watering house plants. However, watering from the bottom of the container with the use of a saucer or tray is a method used by many homeowners. Watering constantly from below brings to the soil surface the nutrient salts. An excess of these salts may accumulate in the upper soil layer in 4 to 6 weeks. This could result in burning of the upper roots. It is a good idea, therefore, to add enough water once a month to the top so it leaches the excess salts out of the pot.

Containers without drainage holes should have a layer of coarse gravel placed in the bottom to allow a space for excess water. Another

method of using containers without drainage holes is to place the pot in a pot that has a drainage hole and is 1 inch less in diameter and shorter than the container. Place the pot on the gravel.

LIVE MAGIC WITH Baroness Von Forst

From Vienna, Austria

MAGIC AMERICA SHOW



\$3 children, \$5 adult.
\$15 advance ticket
are available
from Kiwanis members.

Two hours of
Illusion from
the Kiwanis Club
of the Glades!
Two shows at
4 & 7 p.m.
at the Belle Glade
Civic Center,
Tuesday, Aug. 4

Farm Safety Week
JULY 25-31

**Accidents
tie up farm
production!**
Can You Afford to Pay
The Unfortunate Price?
**Prevent accidents
before they happen!**
**TRIANGLE 50D
FARM, INC.**
Hillsboro Rd. Belle Glade
Phone 996-2771

Hunt applications are available

TALLAHASSEE — Persons wishing to participate in the hunts established for Everglades, Rottenberger and Holy Land Wildlife Management Areas can now obtain applications at any regional office of the Game and Fresh Water Fish Commission.

The applications must be submitted to the Tallahassee office of the Commission no later than Sept. 1 in order for persons to be eligible for the random drawing set for Sept. 7, said Fred Stanberry, director of the Division of Wildlife.

The special hunts involved in the drawing are the general open hunts on the Rottenberger, Holy Land and the Everglades. Stanberry explained.

After all permit applications have been received, the Wildlife Director said, they will be categorized as to the method of hunting — airboat vehicle or walk. This will determine the percentage of permits to be drawn for each method of hunting. For example, Stanberry said, if 50 percent of the applications are from vehicle hunters, then 50 percent of the permits will be delegated to vehicle hunters.

**K & J's
Pizza & Subs**
New Carpet Fried Chicken & Donuts
CARRY OUT SERVICE
PHONE — 996-8558

Remember

**farm
safety
is in
your
hands!**

It's up to you to inform your workers of the necessary precautions to be taken when it comes to running a safe and effective farm! See that safety rules are posted... and are practiced!

**BANK
OF
Belle Glade**
Two convenient locations in the Glades
108 S.E. Avenue D., Belle Glade, 996-6711
State Road 80 at U.S. 27, South Bay, 996-0550

FDIC

**MAYTAG
Savings
Cash-in**

**SAVE \$50
on all Maytag Jetclean
Dishwashers
IN STOCK**

**CASH-IN with Instant
Discounts on Maytag
Heavy-Duty Washers**

**SAVE \$50
ON ANY MAYTAG DISHWASHER
IN STOCK**

**SAVE \$50
ON ANY WASHER-DRYER
PAIR IN STOCK**

**WE DO OUR OWN
FINANCING — FINANCING IS
FREE ON ANY 2 MO.
CONTRACT.**

**Instant Discounts on Maytag
Dryers**

**GLADES MERCANTILE CO.
FURNITURE**
Corporating • Appliances • Televisions

73 S.E. Ave. E
Belle Glade
996-2818

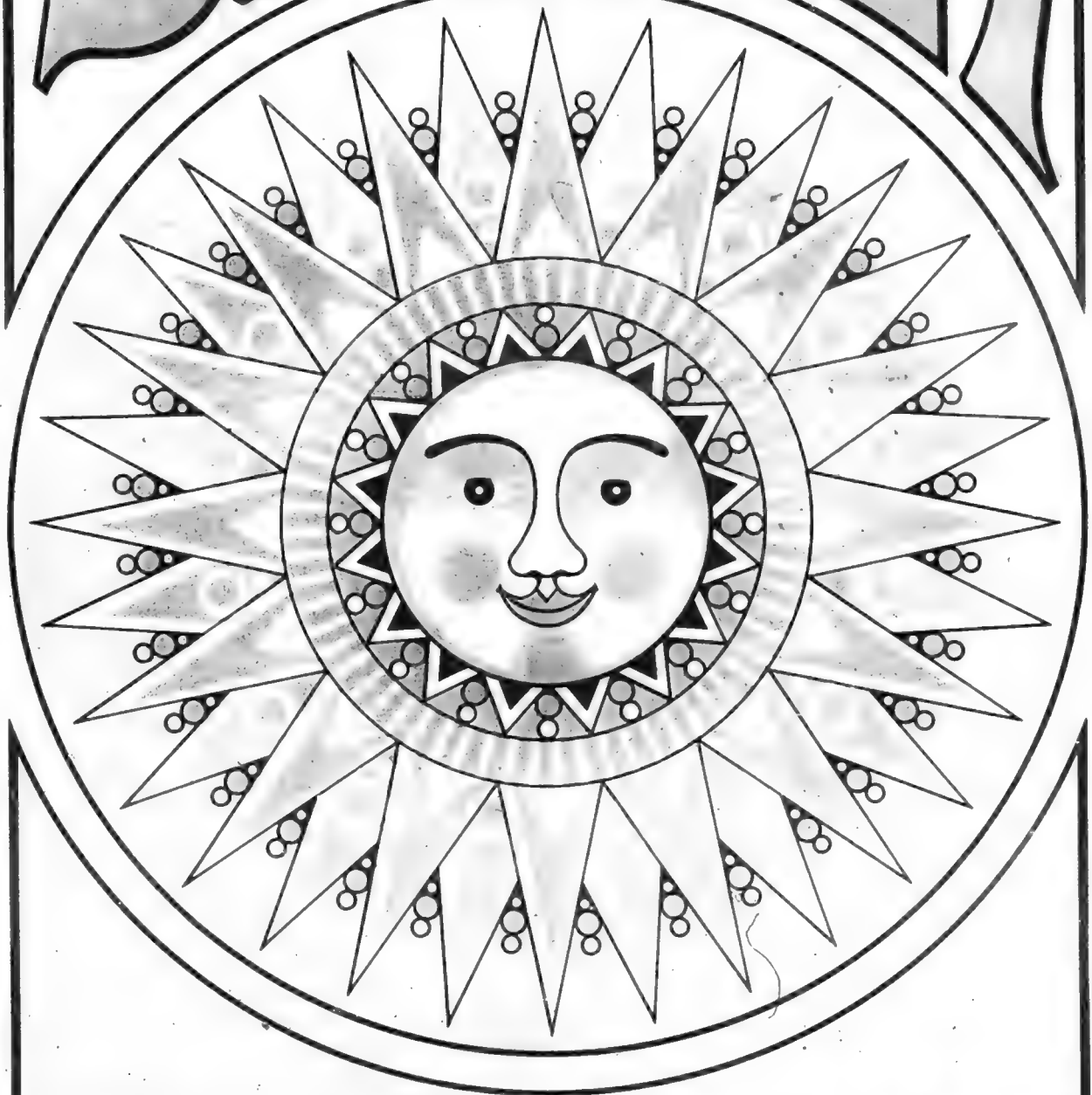
308 Ave. A
Belle Glade
996-6767

235 S. Ave. D
Palmetto
996-5597

315 W.C. Owen Ave.
Clewiston
813/983-9363

401 Park St.
Okechobee
782-4215

SUMMER



around the lake

Supplement to the Claxton News, Glades County Democrat and The Herald Observer

MANCIL'S SUPPLY

- Auto
- truck
- Tractor



See our ad on Page 5

Practical tips to keep you soft and pretty all summer

Keep cool—and soft!—this summer.

Here are some practical tips for weathering the summer's heat and humidity and for keeping your skin lusciously soft and smooth.

• Dress down for summer. Choose light fabrics and colors, simple styles, delicate jewelry. Avoid anything which might be hot, tight, confining or in the way, such as scarves, too many layers, large belts.

And remember that what may look terrific in the fitting room during the spring may actually be too hot to wear in the summer when the mercury really climbs.

• Get your hair off your back—and off your neck and shoulders too. Nothing looks or feels hotter than hair that has drooped or wilted.

If you love your longer hair too much to trim it, try a chignon, braids or even a neat, sleek ponytail to keep it out of your way.

If you'd like a cool summer cut, investigate some of the new, short, close-to-the-head styles. Many are just a few inches of easy-care fluff.

• Give your skin a "soft touch." Besides the long term ill effects the sun may have, it also causes immediate dryness,

flakiness and roughness.

So go easy on sun exposure, especially if you have fair skin. Aim for a healthy glow, not a deep, dark tan.

After any session in the sun, soothe and smooth skin with Pond's Cream & Cocoa Butter Lotion. It combines seven creamy moisturizers and the goodness of cocoa butter to keep skin fresh, soft and younger-looking.

• Put beauty in your bath. Refresh yourself after a long hot day with a delicious half hour or so in a luxurious, lukewarm bath and you'll feel revived for the evening.

Try Pond's Cream & Cocoa Butter Tropical Bath Beads. They'll turn your bath into a freshly-scented, aquamarine pool which helps soften and silken your skin as you bathe.

• Put your life on a hot weather schedule. Save your more difficult tasks for the cooler hours of the day. And plan jobs for cooler areas too.

If your kitchen gets the hot afternoon sun, you shouldn't try to clean or do dishes there at 2:00 PM.

• Keep your cosmetics as cool as you are. Makeup doesn't react well to extremes of heat and cold. So invest in an insula-

ted cosmetic bag and keep makeup away from direct sunlight—never leave it on the beach, by the pool, on the seat of the car.

And since the cupboards and cabinets where you store cosmetics can really heat up in the warm weather, you may very well want to move your creams, lotions and shampoos to cooler quarters for the summer.

• Eat in summer style. Lighter foods, such as salads, cold soups, fish, chicken and fruit, keep you slimmer, don't "overfuel" your body.

You might even lose a few extra pounds on your summer diet and chances are that you'll feel much cooler without that extra "insulation." Also remember to drink plenty of liquids during the hot weather to replace water lost through perspiration.

• Add some sweetness to your life. Wear a light, fresh summer fragrance. A heavy one can be too much in warm weather. Choose a splash form to refresh as you scent.

Treat yourself to nature's own fragrances too. Buy some fresh flowers—at reasonable summer prices—any time a long, hot day leaves you in need of a lift.

Trade Mart
New and Used
Furniture
and
Appliances
F.R. Benson
Owner
800 E. Ventura Ave.
Clewiston
983-7101



GET OFF TO A RUNNING START by observing some beauty rituals before pursuing your favorite outdoor sport this season. Use a sun block on your skin, plus a moisturizer for protection from the hot sun. Apply a flavored lip gloss like Lip Treat by Chap Stick® to keep your lips moist, tasting good and looking pretty. It gives your lips a subtle glossy look that enhances your appearance, and is ideal for teenagers eager for their first taste of lipstick without any color showing.

\$50 Over Invoice

On all 1981 models. We're making room for the '82's.

There's never been a better time to buy that new car you've been wanting!

Come talk to us!

Beck Motors



Parts Department 983-9138
Sales Department 983-9138
Service Department ... 983-7758
E. Sugarland Highway - Clewiston

SAVE ON THESE SUMMER SPECIALS



From

Fry Hardware

Flower & Vegetable
Seeds

Reg. 49¢ & 69¢

NOW ONLY

20¢

WHILE THEY LAST!

Light Weight
Onion Hoes
(Ladies Hoe)

Reg. \$7.95

\$4.95

5/8 X 50 Ft.
Garden Hose

Reg. \$14.95

\$9.95

SALE GOOD THURS. JULY 30th - SAT., AUG. 1st

FRY HARDWARE

Clewiston — Lake Placid — Okeechobee

MANCIL'S SUPPLY

- Auto
- Truck
- Tractor

See our
ad on
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Seeds

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ONLY

20¢

WHILE THEY LAST!

Light Weight
**Onion
Hoes**

(Ladies Hoe)

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5/8 X 50 Ft.
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Reg.
\$14.95

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You might even lose a few extra pounds on your summer diet and chances are that you'll feel much cooler without that extra "insulation." Also remember to drink plenty of liquids during the hot weather to replace water lost through perspiration.

• Add some sweetness to your life. Wear a light, fresh summer fragrance. A heavy one can be too much in warm weather. Choose a splash form to refresh as you scent.

Treat yourself to nature's own fragrances too. Buy some fresh flowers—at reasonable summer prices—any time a long, hot day leaves you in need of a lift.



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GET OFF TO A RUNNING START by observing some beauty rituals before pursuing your favorite outdoor sport this season. Use a sun block on your skin, plus a moisturizer for protection from the hot sun. Apply a flavored lip gloss like Lip Treat by Chap Stick® to keep your lips moist, tasting good and looking pretty. It gives your lips a subtle glossy look that enhances your appearance, and is ideal for teenagers eager for their first taste of lipstick without any color showing.

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2. Run an afternoon mini "day camp" for young neigh-

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If you have a playroom, it will be perfect for conducting "camp" during inclement weather, but otherwise the garage will do fine.

Have children use only washable paints and paste, and spills will come right up with Fantastik® multi-surface spray cleaner. Just spray it on, then wipe with a paper towel, cloth or damp sponge.

3. Teach ball playing skills to children between five and 10 years old. Lead from strength; if baseball or basketball is your specialty, teach that.

If you're a tennis player, you can cover the basics without even stepping on a court. If you

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When it comes to feeding themselves, hungry toddlers will certainly find a way. Their table manners may not be terrific, but their feeling of accomplishment will be.

And there's little need to worry about squashed bananas on a blouse or spaghetti sauce on a sunsuit. Most common spots will respond to a treatment of Spray 'n Wash® laundry soil and stain remover. Just spray the pretreat directly on the spot, wait 60 seconds and launder normally.

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Page 5

Practical tips to keep you soft and pretty all summer

Keep cool—and soft!—this summer.

Here are some practical tips for weathering the summer's heat and humidity and for keeping your skin lusciously soft and smooth.

• Dress down for summer. Choose light fabrics and colors, simple styles, delicate jewelry. Avoid anything which might be hot, tight, confining or in the way, such as scarves, too many layers, large belts.

And remember that what may look terrific in the fitting room during the spring may actually be too hot to wear in the summer when the mercury really climbs.

• Get your hair off your back—and off your neck and shoulders, too. Nothing looks or feels hotter than hair that has drooped or wilted.

If you love your longer hair too much to trim it, try a chignon, braids or even a neat, sleek ponytail to keep it out of your way.

If you'd like a cool summer cut, investigate some of the new, short, close-to-the-head styles. Many are just a few inches of easy-care fluff.

• Give your skin a "soft touch." Besides the long term ill effects the sun may have, it also causes immediate dryness,

flakiness and roughness.

So go easy on sun exposure, especially if you have fair skin. Aim for a healthy glow, not a deep, dark tan.

After any session in the sun, soothe and smooth skin with Pond's Cream & Cocoa Butter Lotion. It contains seven vitamins, non-fatizers and the richest of cocoa butter to keep skin fresh, soft and younger looking.

• Put beauty in your bath. Refresh yourself after a long hot day with a delicious half hour or so in a luxurious, lukewarm bath and you'll feel revived for the evening.

Try Pond's Cream & Cocoa Butter Tropical Bath Beads. They'll turn your bath into a freshly-scented, aquamarine pool which helps soften and slicken your skin as you bathe.

• Put your life on a hot weather schedule. Save your more difficult tasks for the cooler hours of the day. And don't forget to cool down too.

ted cosmetic bag and keep makeup away from direct sunlight—never leave it on the beach, by the pool, on the seat of the car.

And since the cupboards and cabinets where you store cosmetics can really heat up in the warm weather, you may very well want to move your creams, lotions and shampoos to cooler quarters for the summer.

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"Badcock Will Treat You Right"

The fitness boom — America is shaping up!

The late '70s and the '80s have given rise to the "me" generation. Never before have so many people been aware of good health and fitness, and done something about it. It seems everyone you talk to these days is shaping up and feeling better.

Three sports stand at the forefront of this fitness boom—running, racquetball

and swimming. They're participant sports. This differentiates them from spectator sports such as auto racing, football and baseball.

Don't misinterpret this to mean that people are no longer taking their raccoon coats out to root for State on a Saturday afternoon, or yahooping in the infield at the Indy 500.

What it means is that before they head out to the stadium or

the track, in many cases they've already logged two or three miles in their running shoes, swum several laps in the pool or played a couple of games of racquetball.

Of the three major participant sports, swimming has the most tradition and the largest numbers. Industry sales figures show that nearly 75 million people are at least casual swimmers.

"Swimming is the best all-round exercise you can get," says former UCLA All-American swimmer and water polo player Carl Thomas, now Vice President of Marketing for Speedo, the nation's largest distributor of swimwear.

"You don't have to be a John Naber (winner of four Gold Medals at the 1976 Olympics) to enjoy swimming. It's easy to do and provides tremendous exercise for both the upper and lower parts of the body as well as the heart."

The running boom began in the United States with Frank Shorter's 1972 Olympic Marathon victory and accelerated with Bill Rodgers' 1976 Olympic victory. Running, swimming and racquetball all share a common element—they are done inexpensively.

"All you need to run are good shoes and some wide open spaces," says Carl Ruhl, Marketing Vice President for PONY, a New York based manufacturer of competitive athletic footwear.

"People all over the country are running," Ruhl continues, "nearly 35 million of them."

Running clubs and clinics have sprung up for the casual runner, while competitive races such as the New York Marathon draw 25,000 entrants.

"One thing swimming, racquetball and running share is the fact that there are no age restrictions," says Ektelon Vice President and General Manager Bob McTear.

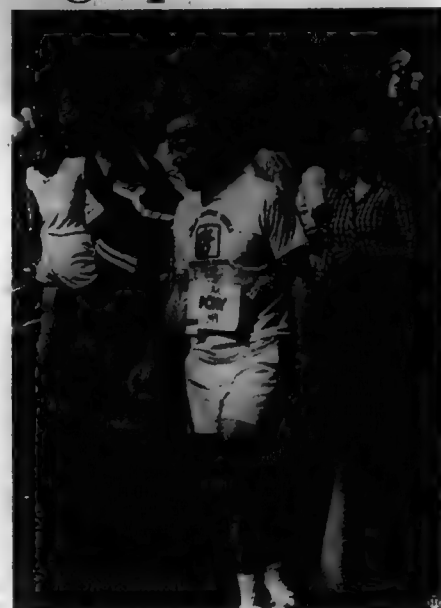
"You can get into any racquetball facility in the country and find people ages seven to 77 playing the sport, enjoying themselves and keeping in shape at the same time."

Ektelon now estimates 12 million people are playing racquetball. With a base of only 500,000 in 1972, you can see how this interest sport has exploded.

Ironically, professional interest in "participant" sports is minimal. There are professional racquetball and running events, but interest in watching them pales compared to the joy of playing.

Recognizing this, many companies have developed events for the participants. PONY, for example, sponsors hundreds of 10K (6.2 miles) races in communities all across the country.

So, join the rest of America. Eat right and get your exercise. Be you a jogger, swimmer or racquetball player, you'll feel better and live a lot longer in the end.



ON THE RIGHT TRACK—Companies such as PONY sponsor races in smaller communities all over the country. This race in La Mesa, California, held in conjunction with the local YMCA, drew 1,000 participants.



PEOPLE OF ALL AGES are flocking to the racquetball courts. Ektelon figures now show nearly 12 million participants.

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Sun, water, food needed to grow perfect roses

The creation of one perfect rose depends on the work of 25 to 35 healthy leaves. Energy from the sun is absorbed through leaves and converts water and nutrients into food for the plant.

Water offers a major source of rose nutrient requirements.

There is no such thing as over-watering a rose. provided good drainage allows roots to breathe.

Soak the ground 8 to 10 inches deep around established plants. Shallow watering encourages thirsty roots to surface, exposing them to injury.

If you use a sprinkler watering system, water in the morning so plant leaves dry before the midday sun strikes them. A heavy dousing with a hose often results in run-off and surface erosion, with insufficient water penetration.

After new plants are established, usually within three to

four weeks, begin a fertilizing program. Most rosarians recommend frequent low-strength applications.

The three major ingredients in a well-balanced fertilizer are nitrogen, phosphorus and potassium. The numbers on fertilizer containers refer to the

proportions of these three ingredients.

Nitrogen encourages foliage production; phosphorus promotes root and flower growth; and potassium encourages general good health and growth.

When selecting a fertilizer, choose one that combines the three ingredients in the proportions most suitable to your plants' needs. For example, Ortho's Systemic Rose & Flower Care 8-12-4 contains a high pro-

portion of phosphorus to promote flower production and a

systemic insecticide to protect the plant from feeding by

aphids, leafhoppers, spider mites and certain chewing in-

sects for up to six weeks from one application.

Spread the recommended amount of fertilizer evenly around the base of each plant and work into the soil 1 to 2 inches. Then water thoroughly.

Systemic rose care



Reproduced with permission from the Ortho book "All About Roses," Copyright 1976, Chevron Chemical Company.

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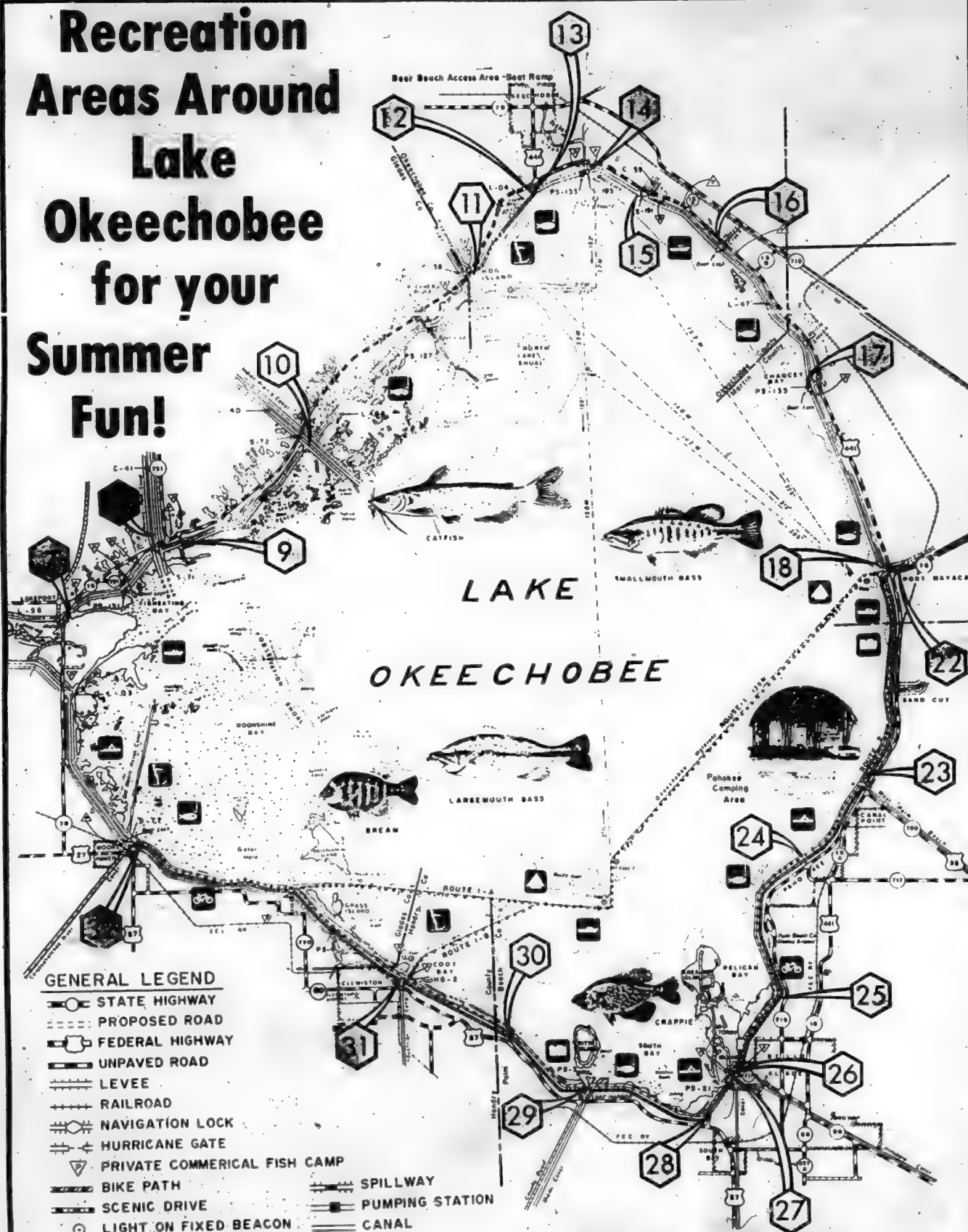
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Recreation Areas Around Lake Okeechobee for your Summer Fun!



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Fishing Creek Wayside Park (Glades County)

Location: East side of State Road 78 at Fishing Creek.

Access: Directly off the highway.

Existing Development: One concrete boat ramp providing access into Fishing Creek, stabilized parking and launching area, 2 picnic tables and 2 refuse receptacles.

Honey Pond Canal Access Area

Location: On the east side of Honey Pond Canal (C-41) a short distance north of State Road 78.

Access: Via stabilized access road down berm from highway.

Existing Development: One concrete boat ramp providing access into the reach of C-41 lakehead of S-71; stabilized launching and parking area and one refuse receptacle.

Bear Bench Access Area

Location: Lakeside of the levee one mile north of Honey Pond Canal (C-41).

Access: Via paved access road from State Road 78.

Existing Development: Paved access road and launching area, boat basin and access channel to Lake Okechobee, concrete boat launching ramp and one marshlight graded ramp.

Indian Prairie Access Area

Location: 2 1/2 mile S.E. of State Road 78 on the S.E. side of Indian Prairie Canal (C-40).

Access: Via paved access road from State Road 78.

Existing Development: Concrete boat ramp providing access into the reach of C-40 lakehead of S-77; stabilized access road and launching/parking areas.

Okeechobee Recreation Area

Location: S.E. side of State Road 78 at the mouth of the Kissimmee River (Canal 38) at Lake Okechobee.

Access: Directly off the highway.

Existing Development: Commissary; bulkhead boat basin; three bay concrete boat ramp and docks; two comfort stations (one with showers); sewage collection, treatment, and disposal system; sanitary dump station; watering stations; paved launching and parking areas; refuse receptacles; sign; unimproved camping area; bank fishing area; and entrance station.

Parrott Avenue Wayside Park

Location: Adjacent to I-40 borrow canal at junction of U.S. Hwy 441 and State Road 78.

Access: Directly off highway.

Existing Development: One comfort station (no showers); two picnic shelters with tables; one large picnic shelter with four tables; and stabilized parking area.

Okeechobee Public Use Area

Location: Lakeside of the levee at the junction of U.S. Highway 441 and State Road 78.

Access: Via a paved access road from the highway across the I-40 borrow canal.

Existing Development: Fill area for future development lakeside of the levee; stabilized circulation road along lakeside toe of levee; unimproved picnic area with receptacles in grove of Australian pines; concrete boat ramp; and access channel.

Taylor Creek Access Area

Location: At the mouth of Taylor Creek at Lake Okechobee.

Access: (West side) - Paved access road to pumping station 133 from U.S. Highway 441; (East side) - Stabilized access road to S-191 navigation lock from highway.

Existing Development: (West side) - Concrete boat ramp providing access into I-40 borrow canal; (East side) - Paved levee overlook; two concrete boat ramps providing access into Taylor Creek north of the navigation lock.

Nubbin Slough Public Use Area

Location: On the north side of C-39 at S-191 at Nubbin Slough.

Access: Via paved road to structure off U.S. Highway 441.

Existing Development: Fill area for future development upstream and downstream of the spillway; refuse receptacles; stabilized circulation road north 1/4 mile along the lakeside toe of levee.

Henry Creek Lock Access Area

Location: East side of I-47 borrow canal at Henry Creek Lock.

Access: Via paved structure access road off U.S. Highway 441.

Existing Development: Rough graded ramp east side of borrow canal south of access road.

Cheney Bay Public Use Area

Location: Lakeside of the levee adjacent to Pumping Station.

Access: Via paved maintenance road off U.S. Highway 441.

Existing Development: None.

Port Mayaca Public Use Area

Location: East side of Lake Okechobee at the entrance of the St. Lucie Canal.

Access: Off U.S. Highway 441.

Existing Development: (South side) - One unimproved boat launching ramp with stabilized access road along toe of levee; overlook on levee crown; (North side) - Grassy fill area lakeside of levee.

St. Lucie Lock & Dam

Location: On the canal two miles (2) northeast of State Road 78A.

Access: (1) Northeast along the southeast side of St. Lucie Canal via a stabilized access road from State Road 78A; (2) northwesterly via a paved access road from State Road 78.

Existing Development: (South side) - Paved parking and launching areas and circulation road, concrete boat ramp upstream of lock, designated campsites (no hookups, refuse receptacles only); picnic area with tables, water fountain, and refuse receptacles; (North side) - Concrete fishing walkways with railings on downstream side of spillway; picnic area with tables, barbecue pits, and refuse receptacles.

Phelps Martin County Park

Location: Southeast side of St. Lucie Canal between the St. Lucie Lock and Dam and Florida Turnpike (Sunshine State Parkway).

Access: Off paved road leading to St. Lucie Lock and Dam from State Road 78.

Existing Development: Stabilized circulation road; manager's office, concrete boat ramp providing access into Roebuck Creek and St. Lucie River downstream of S-60; watering station; comfort station with shower; refuse receptacles; and unimproved camping area (no facilities or designated sites).

Indiantown Access Area

Location: South side of St. Lucie Canal 1 1/4 miles (2) west of Old Indiantown Bridge site.

Access: Directly off State Road 78.

Existing Development: None.

Port Mayaca Wayside Park

Location: South side of St. Lucie Canal just east of the intersection of State Road 78 and U.S. Hwy 551.

Access: Directly off State Road 78.

Existing Development: Picnic tables and shelters; refuse receptacles; picnic grills; stabilized parking area, concrete steps over levee, concrete bulkhead for boat fishing.

Levee Picnic Area

Location: Along the east side of the St. Lucie Canal north of Pumping Station 21.

Access: Via State Road 717.

Existing Development: None.

South Bay Park Access Area

Location: Lakeside of the levee a short distance west of South Bay.

Access: Via a paved road from U.S. Highway 27.

Existing Development: One concrete boat ramp; two picnic tables; refuse receptacles; and a paved launching and parking area.

Canal Point Public Use Area

Location: Lakeside of the levee on the north side of hurricane gate at Canal Point.

Access: Via stabilized ramp from U.S. Highway 441.

Existing Development: Concrete boat launching ramp; stabilized circulation road, and picnic area in grove of Australian pines.

Panokee State Park

Location: Lakeside of the levee at Panokee.

Access: Via a paved levee access ramp from U.S. Highway 441.

Existing Development: (Picnic area) - Paved circulation road, children's playground equipment, comfort station, tables, grills, refuse receptacles, and watering stations; (Campground) - Entrance station, campsites with water spigots (some with electrical hookups), tables, grills, paved circulation roads, comfort stations with showers, and sanitary dump station; (Panokee Harbor (not part of State Park)) - Concrete boat ramp, pier, breakwater, and snack bar; paved overlook.

Rardin Park

Location: Three miles south of Panokee on the west side of State Road 715.

Access: Directly off State Road 715.

Existing Development: Picnic tables under shelter; picnic pavilion with several tables and barbecue pit; refuse receptacles, grills; comfort stations (no showers); paved circulation road; signs; landscaping; and stabilized levee access ramp.

Belle Glade Park Rec. Area

Location: On the southern tip of Torrey Island in Lake Okechobee at Belle Glade.

Access: Via State Road 717 from Belle Glade.

Existing Development: 197 family campsites with water and refuse receptacles (154 electrical hookups); one group camping area with picnic shelter and table; one open picnic table; one picnic pavilion with 20 tables, restroom and kitchen; one barbecue shelter; four comfort stations (two with showers and laundry basin); children's playground apparatus; two concrete boat ramps with docks; wharf; fish cleaning station; three parking and launching areas and circulation road.

Moore Haven Lock & Dam

Location: On Lake Okechobee at the Moore Haven Lock and Dam (S-77).

Access: West side - Via a paved road from U.S. Highway 27; East side - Via a stabilized access road along C-43 (road connects to a paved secondary road which connects with U.S. Hwy 27) a short distance south of bridge.

Levee Picnic Area

Location: Along the east side of the St. Lucie Canal north of Pumping Station 21.

Access: Via State Road 717.

Existing Development: None.

South Bay Park Access Area

Location: Lakeside of the levee a short distance west of South Bay.

Access: Via a paved road from U.S. Highway 27.

Existing Development: One concrete boat ramp; two picnic tables; refuse receptacles; and a paved launching and parking area.

Canal Point Public Use Area

Location: Lakeside of the levee on the north side of hurricane gate at Canal Point.

Access: Via stabilized ramp from U.S. Highway 441.

Existing Development: Concrete boat launching ramp; stabilized circulation road, and picnic area in grove of Australian pines.

Lake Harbor (John H. Stretch Mem. Park)

Location: Lakeside of the levee just west of the Miami Canal and Pumping Station 3.

Access: Directly off U.S. Highway 27.

Existing Development: 20 concrete picnic tables with grills and refuse receptacles, paved circulation road and parking areas; sanitary dump station, comfort station (no showers); potable water stations; baseball field with bleachers and dugouts; lake; signs; landscaping; and stabilized circulation road on levee.

Lake Observation Point

Location: On the lake levee approximately 4 miles west of the Miami Canal at Lake Harbor.

Access: Directly off U.S. Hwy 27.

Existing Development: Steps up the side of the levee.

Clewiston Recreation Area

Location: Lakeside and lakeside of the levee adjacent to Hurricane Gate 2 in Clewiston.

Access: Via State Road 832 (Francisco Avenue) in Clewiston.

Existing Development: 100' concrete boat launching ramp providing access to the Industrial Canal and Lake Okechobee with docks, refuse receptacles, and paved launching and parking area; DOT wayside park with restrooms, showers, house trailer (park office), telephone, six picnic shelters with tables, refuse receptacles, grills, water spigots, and paved circulation road and parking area; picnic area along the lakeside toe of levee with 19 picnic tables and refuse receptacles and stabilized circulation road.

Belle Glade Park Rec. Area

Location: On the southern tip of Torrey Island in Lake Okechobee at Belle Glade.

Access: Via State Road 717 from Belle Glade.

Existing Development: 197 family campsites with water and refuse receptacles (154 electrical hookups); one group camping area with picnic shelter and table; one open picnic table; one picnic pavilion with 20 tables, restroom and kitchen; one barbecue shelter; four comfort stations (two with showers and laundry basin); children's playground apparatus; two concrete boat ramps with docks; wharf; fish cleaning station; three parking and launching areas and circulation road.

Moore Haven Lock & Dam

Location: On Lake Okechobee at the Moore Haven Lock and Dam (S-77).

Access: West side - Via a paved road from U.S. Highway 27; East side - Via a stabilized access road along C-43 (road connects to a paved secondary road which connects with U.S. Hwy 27) a short distance south of bridge.

Existing Development: West side - Two concrete boat launching ramps, two portable pit latrines, refuse receptacles, and stabilized parking area; East side - Fill area (grassed) for future development.

Cooking outdoors — the ins, outs and how-tos of the ever-popular barbecue

Need to rescue your reputation as an outdoor cook? If, in the past, your barbecued burgers were as popular as burnt liver, don't fret. Or, maybe you

never tried alfresco entertaining. Seagram's V.O. now comes to the rescue with the "V.O. Outdoor Entertainment

Guide," a how-to booklet that covers all the bases—from lighting the fire to basting the spare ribs.

Barbecuing basics

Where do you begin? At the beginning—and the first step is a clean grill. If you spent the winter in the garage or the basement, you can minimize a messy job with a spray can of over-night oven cleaner.

Apply as the label directs, and the foam should do most of the work of removing last year's grime.

Top outdoor chefs know that the secret of successful barbecuing lies in the knowledge of how to build the fire and how to control it. Here's a simple way.

To start, fill the grill comfortably with charcoal, forming a mound in the center. Ignite the coals using an electric fire starter.

Or, douse the briquets using a commercial liquid starter fluid, let it soak in for about a minute, then light the briquets with an extra-long wood match, applying the flame to the edge of the briquets.

Remember to keep a spray bottle filled with water nearby to handle any flare-ups, if they should occur.

Never lean over the grill while lighting the coals; and never add lighter fluid after igniting briquets as flames may travel up the fluid being poured and cause the can to explode.

It generally takes about 45 minutes for the coals to catch and give off a constant heat.

Once the coals burn with a red glow, distribute them evenly throughout the bottom of the grill, using a long stick or something similar. From this point on, try not to disturb the coals as constant poking causes loss of heat.

To control the cooking temperature, simply adjust the distance between the food and fire by raising or lowering the grid.

Tools of the trade

Whether you cook in an elaborate barbecue pit or on a single grid hibachi, have these

additional implements within grasp. The following checklist can help you organize:

- Meat tongs;
- Wooden, long-handled spoon;
- Perforated spatula;
- Basting brushes;
- Serving forks and spoons;
- Sharp steak knife;
- Heavy-duty aluminum foil;
- Barbecue mitt.

To prepare perfect charcoal-grilled meats, use this barbecuing timetable as a guide:

- Steak (1 inch thick)**
 - Rare: 4 to 5 minutes
 - Medium: 7 to 8 minutes
 - Well: 10 to 11 minutes
- Steak (2 inches thick)**
 - Rare: 12 to 14 minutes
 - Medium: 18 to 20 minutes
 - Well: 22 to 25 minutes.
- Hamburgers:**
 - Rare: 4 minutes.
 - Medium: 5 minutes.
 - Well: 6 minutes.

Chicken: Place chicken quarters bone side down on grill, 5" from medium coals; cook 20 to 30 minutes. Turn chicken and cook 25 to 30 minutes longer, turning and brushing frequently with a basting sauce.

A refreshing idea is to treat yourself (and your guests) to a glass of V.O. Iced Tea. This delicious drink is easy to prepare by the pitcherful. If children are about, make certain they can't have access to your tea.

V.O. ICED TEA

- 6 tea bags
- 2 quarts water
- 12 lemon wedges
- 1/4 teaspoon cinnamon
- 2 cups Seagram's V.O.

Sleep tea bags in 2 quarts of boiling water.

After 5 minutes, remove bags from water.

Add cinnamon and stir.

Chill tea in tempered glass pitcher to prevent cracking.

When completely chilled, combine iced tea with Seagram's V.O.

Serve in frosted glasses over ice.

Garnish with lemon wedges. Makes 12 servings.

For more tips on backyard entertaining, write the Seagram's V.O. Good Living Center, Department CO, Box 4377, Grand Central Station, New York, NY 10163, for a free "V.O. Outdoor Entertainment Guide."

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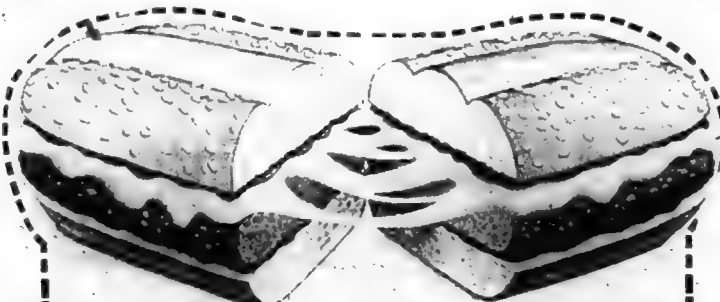
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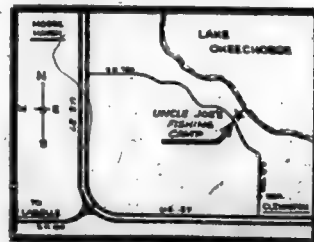
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A drink of water helps you keep your cool

When the thermometer creeps up, how can you keep your body temperature from rising along with it?

To keep cool, drink plenty of water. Water helps control your body's "thermostat" and, no matter what the weather, the average adult needs at least eight cups daily.

But when you're wilting in a heat wave, you'll probably need to replace water lost through water perspiration.

To really enjoy your drinking water, try American bottled

water. You'll love the fresh, clean taste and will be happy to know it's free of chlorine or contaminants.

And, of course, there isn't a calorie to be had in bottled water, no matter how much you consume.

You'll find American bottled water in convenient bottles on your supermarket shelves and, if you prefer bubbles in your beverage, you'll find American sparkling water there, too.

Hot weather hint: American bottled water, whether still or sparkling, makes outstanding ice cubes.

Health Tips On Water

Eight are great! Eight cups of water are what you need every day. Water is the medium for virtually all the body's chemistry. It's used by your body constantly, whether you're working hard or just relaxing.



Water is basic to balanced nutrition. It helps in your digestive process to break up, soften, and transport food particles from your mouth through your intestines. Then your body's blood (which is approximately 90% water) circulates nutrients throughout your body.

According to the American Bottled Water Association, water controls body temperature through perspiration. Each day your skin loses moisture equal to about two cups of water even if you work in a sedentary job. Greater water intake is important during illness as it helps regulate body temperature and control fever.

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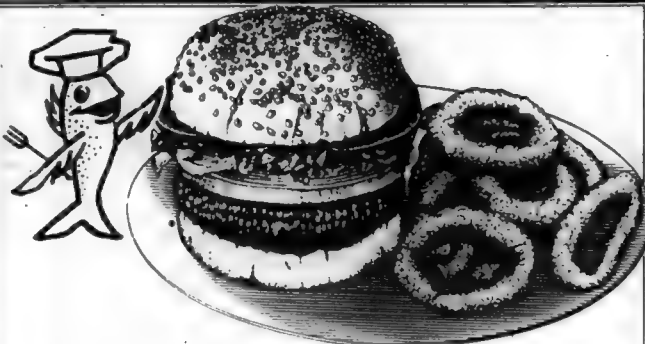
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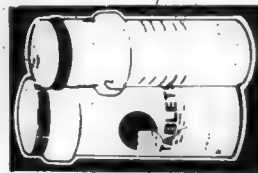
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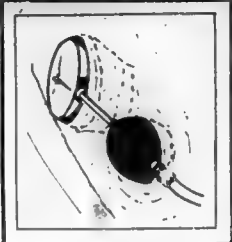
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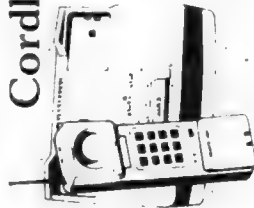
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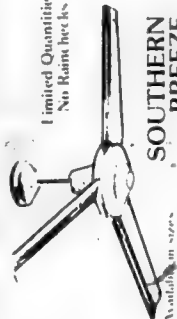
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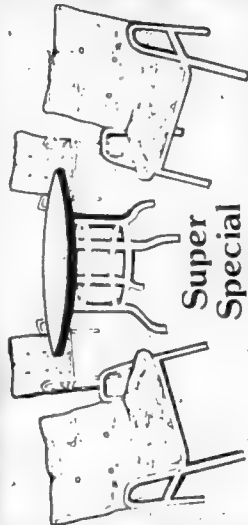


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Leisure time — it's yours to enjoy!

Living with inflation has become a way of life for Americans. We drive smaller cars than ever before. We clip coupons. We cultivate our own vegetables. And, we complain, complain, complain about the dark economic cloud which hangs heavy overhead.

While inflation may cast a long, dark shadow upon our lives, our days are not without sunshine. There always seems to be a welcome break around the bend.

"Do you realize," asked a grey-haired man of his companion in a park recently, "that they don't even put enough glue on postage stamps these days?" The two men chuckled, sighed, and turned their smiling faces towards the late afternoon sun.

Moments such as these—a gathering of friends, a solitary walk, a lazy afternoon with a good novel—are necessary breaks from the day-to-day routine. They allow us to lapse into leisure time and leave our worries behind.

For all of our preoccupation with inflation, Americans spend a considerable amount of time in pursuit of leisure activities.

The familiar adage, "work hard, play hard," is as true in these inflationary times as it was during times of prosperity and growth.

The importance of leisure activities can be seen by glancing at the *Fortune* directory of the largest U.S. industrial corporations.

Among the top 500 industrial firms for 1980 can be found dozens of leisure-related corporations: Eastman-Kodak; RCA; Twentieth Century-Fox; McGraw-Hill; Time, Inc.; AMF; Warner Communications and more.

When industrialists such as these can hold their own among oil companies and steel manufacturers, the place of leisure time clearly figures high among America's priorities.

Of course, there are indicators other than the *Fortune* 500 list which testify to the importance of leisurely activities in the United States.

Twenty-minute waits on a ski lift line and bumper-to-bumper traffic on a holiday weekend attest to the fact that Americans do, indeed, like to "play hard."

The movement towards health awareness in the '70s and now in the '80s has been accompanied by an explosion of sporting activities throughout the country.

Ten years ago, it would have been unthinkable that competitors would be turned away from either the Boston or New York Marathon but, in recent

years, thousands of entries have been turned away in order to keep the numbers down to a "modest" 25,000. There seems to be no end to the number of sports crazes that have taken hold of America in recent years.

In urban and rural areas alike, people are engaging in bike-athons, walk-a-thons and run-a-thons. People are "into" aerobic dancing, roller skating, wind surfing and rock climbing. Besides the obvious outdoor sports activities, more and more Americans are taking to the great outdoors during their leisure hours.

Bird watchers, early evening strollers, kite fliers and jungle jim lovers soak in the seasonal

delights from dawn to dusk.

Victory gardens, quickly abandoned once the second World War drew to a close, are springing up once again.

Today, both the urban and suburban farmer are doing what the "country folk" have been doing for years: taking advantage of whatever space is available to them for seasonal crops of tomatoes, squash, corn and the like.

Many Americans are avid "do-it-yourselfers" during their spare time, devoting hours to home spruce-up projects, furniture restoration, home insulation and a host of other projects.

And, of course, there are the timeless and relaxing forms of recreation which occupy many spare moments.

Cooking has fast become an art form in the United States, as kitchens fill with the smells of various ethnic and traditional foods.

A game of chess, a round of gin rummy, a crossword or jigsaw puzzle, a photo session with the family—all these add up to valuable and leisurely moments that are as vital to good health as proper rest and nutrition.

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Today's family: active in sports and loving it

Sports are firmly entrenched today as an important part of the American scene, and are growing more popular every year.

A wide variety of activities, from running to the various racquet games to that traditional Saturday evening stand-by, bowling, entices participants to take up on a regular basis, a regimen that is not only very enjoyable but healthful as well!

Among the most popular activities today are running and calisthenics, with participation in them growing more rapidly than in any other sport.

The popularity of swimming, on the other hand, is slipping, though it remains the second most popular participatory sport in the country. Walking is still the single most popular adult exercise.

According to *The Perrier Study: Fitness in America*, a poll conducted by Louis Harris and Associates, more and more people are taking up sports, with a wide range of positive effects to report, as a result.

Since beginning regular exercise, they not only feel fitter physically, but mentally as well. The majority of people polled reported that, since becoming involved in sports, they've experienced less tension, have slept better and have

been generally more relaxed.

In addition, the more actively a person participates in sports, the better his or her self-image is likely to be.

Making athletics a family affair tends to positively reinforce the desire to participate. Parents, particularly, are a great influence on their children, even more so than are siblings or friends.

And, as more and more people today are recognizing the value of physical exercise, and are engaging in it for their own pleasure and fitness, more and more people are also encouraging their children to participate. Some of the rougher or more dangerous sports, however, still have not won general approbation, particularly as far as female children are concerned.

And, though active men still outnumber active women, 45 million to 43 million, things seem to be changing. Women across the country are taking up all sorts of athletic activity, and at a much more rapid rate than men.

Sports which have been particularly popular with women in the past two years are running, basketball, baseball, golf, calisthenics, softball and tennis.

This trend reflects our society's approval of participa-

tion by women in sports, though there is still a good deal of opposition; nationwide, to sports in which women would be competing against men, in some if not all circumstances.

This sports boom is impressive, but not surprising. Gradually everybody is getting in on it.

Every day, people in all walks of life and from all age groups are getting up and going out, perhaps even for the first time, to participate in an exciting and exhilarating activity that will both enrich their lives and strengthen their bodies.

So, don't just sit there! When you've finished this article, get out your running shoes . . . and join the crowd!

WORKING WIVES SHARE EXPENSES

The move from "housewife" to "working wife" has turned the dream of homeownership

into reality for many married couples. More than 56 percent

of married couples who recently bought a home had working

wives reports Chicago Title Insurance Company.

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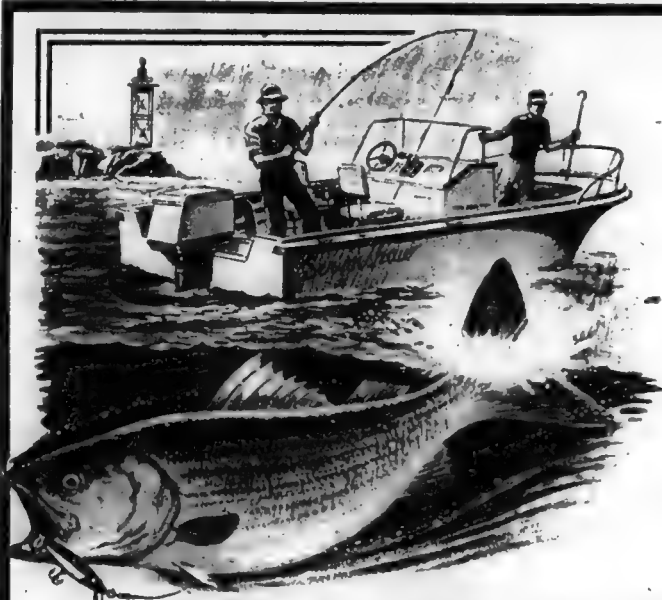
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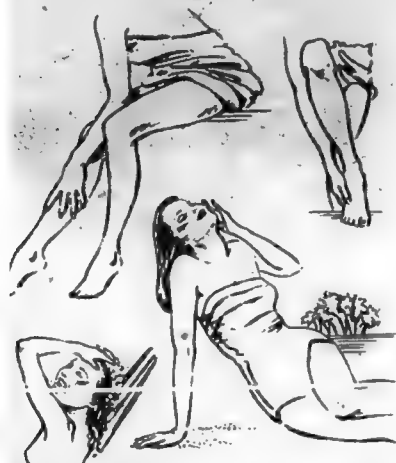


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Active living calls for active beauty care



BEAUTIFUL NEWS for all those active women who've discovered the necessity of pampering themselves from tresses to toes. Now, there's a collection of products developed especially for them, by skin care and beauty expert Carol King, a product director for Frances Denney.

Now more than ever before women are pursuing active lifestyles that include a healthy "put yourself first" attitude toward career, fitness, beauty and life itself.

In order to look their best on the job and off, these women have learned to set time aside for body pampering as well as body priming.

Skin care and beauty expert Carol King is one of these women. Wife, dancer, and product director for Frances Denney, she recently developed a collection of four body care products especially for the physically active woman. Here

are some of her suggestions for tresses-to-toes body care.

Moisturizing is a must

Physically active women may be in good shape but they may be neglecting their skin. Exercise, especially in summer, causes perspiration which depletes the body of fluids, causing the skin to become dehydrated and dry.

To help prevent this, it's important to drink plenty of water and to use a moisturizer often to supply skin with an additional barrier against moisture loss.

A highly emollient body lotion, such as the herbal body

moisturizing cream Carol developed, should be applied after showering while skin is damp to help lock moisture in and soften dry skin.

Active feet need daily care

Most women think of foot care in terms of polishing their toenails until it is time to slip into a pair of strappy summer sandals. Then, they suddenly notice dry skin and calluses often caused by high heeled shoes, foot pounding sports or walking barefoot.

Foot care should be a daily regimen year 'round, and the easiest way to prettier feet is foot cream which sloughs away

dry skin and helps soften calluses. Of course, for severe callus conditions, Carol suggests consulting a podiatrist.

Healthy hair is pretty hair

Even the best tressed heads may lose their luster when over-exposed to summer's sun and wind and surf. Although regular exercise promotes better circulation which is good for skin and hair, physically active people tend to wash their hair more often, a habit which can dry out hair and scalp.

That's why it's a good idea to use a conditioning hair cleanser, formulated for individual hair types: dry to normal or normal to oily.

Carol advises lathering twice with warm, not hot, water and rinsing with cool water.

she cautions, make sure to rinse away every trace of soap film as it tends to attract dirt.

Summer sun care

Dermatologists agree, the sun is the number one factor in causing premature aging of the skin, yet active people are usually in the sun.

Skin care and beauty aids containing a sun screen are essential for any outdoor activity, including walking or driving.


Sun screens don't prevent

tanning as many people mistakenly think, but they do help

block out the sun's harmful rays. There are many products

available, from tanning lotions and skin care treatments to cosmetics, all of which contain sun block.


Carol suggests that any sun protection product should have a SPF (Sun Protection Factor) of at least five in order to be effective.



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A spur-of-the-moment picnic is fun and easy

Nothing's more fun than going on an impromptu picnic—one where you can take advantage of a beautiful day, quickly gather your food items, and go.

According to home economists from Whirlpool Corporation, a spur-of-the-

moment picnic can be arranged quite easily with the aid of your freezer and plenty of ice to fill the ice chest.

'Ice and easy'

Having plenty of ice is no problem with the wide variety of Whirlpool refrigerator freezers

that are equipped with an ice maker. The ice maker automatically keeps a large storage bin filled with ice crescents so

you needn't worry about using it all up. In fact, while you're picnicking, the ice maker will be making lots more for you.

If your freezer is a model that doesn't have an ice maker, the home economists suggest that you start saving your ice cubes.

Empty several trays-full into plastic bags and keep them stored in the freezer until picnic day comes along.

As far as what to take...the home economists suggest that you make up some sandwiches ahead of time from leftovers and then put them in the freezer.

They caution you to avoid fillings with mayonnaise, hard-cooked egg and other foods that should not be frozen. Lettuce, tomatoes or mayonnaise can be added after the sandwiches are taken from the freezer.

Ready to go

Now, all you'll need to do is add a few potato chips, pickles or celery and carrot slices, plus a cool drink to your picnic menu—and you're ready to go!

Tips on how to save energy during the summer

• Install a ventilating fan in the attic or upstairs window. When the outside temperature is

through the house while the warm air exhausts through the attic.

Checklist saves time and money

Seasoned travelers or campers would not dream of heading for the nearest park or woods without checking and re-checking their equipment.

Having to buy a forgotten item "on the road" can be both frustrating and expensive.

To help you organize your equipment, the Thermos Contemporary Living Center offers a checklist to clip out and use.

Check your gear against it while packing; check again at the end of the trip so that nothing will be left behind.



Make outdoor living easier. Seasoned campers and travelers check and re-check their equipment. The Thermos Contemporary Living Center offers a checklist to clip out and use. Check your gear against it while packing and again when leaving each campsite or heading home so nothing will be left behind.

Thermos OUTDOOR LIVING CHECKLIST

- | | | |
|---|---|---|
| <input type="checkbox"/> Backpack | <input type="checkbox"/> Lantern/candles/fuel | <input type="checkbox"/> Campsite sneakers (Reduces impact on the ground cover) |
| <input type="checkbox"/> Tent | <input type="checkbox"/> Food and beverages | <input type="checkbox"/> Wool jackets/sweaters |
| <input type="checkbox"/> Sleeping bags | <input type="checkbox"/> Flashlight/batteries | <input type="checkbox"/> Wind and rain gear |
| <input type="checkbox"/> Cots/ground pads | <input type="checkbox"/> Maps/guidebooks | <input type="checkbox"/> Extra wool socks |
| <input type="checkbox"/> Cookers/picnic | <input type="checkbox"/> Compass | <input type="checkbox"/> Extra pants/shirts |
| <input type="checkbox"/> Jugs/vacuum bottles | <input type="checkbox"/> Insect repellent | <input type="checkbox"/> Hat/bandanna |
| <input type="checkbox"/> Camp stove and fuel (open fires are too hazardous) | <input type="checkbox"/> Waterproof matches | <input type="checkbox"/> First aid kit |
| <input type="checkbox"/> Cooking utensils | <input type="checkbox"/> Prescription medicines | <input type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Plastic or paper dishware | <input type="checkbox"/> Eyeglasses | <input type="checkbox"/> Camera/film |
| <input type="checkbox"/> Folding shovel | <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Toilet items |
| <input type="checkbox"/> Folding saw | <input type="checkbox"/> Sunburn lotion | |
| | <input type="checkbox"/> Boots | |

• Keep out the daytime sun by drawing shades, blinds or drapes. This will keep a room

considerably cooler.
• Keep lights on a low setting, or leave them off when possible.

• Try to cook or use any other heat-producing appliances during off-peak hours in the morning and evening.

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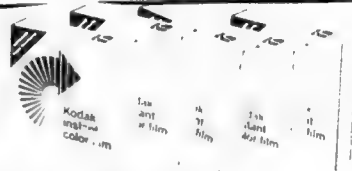
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In addition, Kodak still makes KODACOLOR II Film in 116, 120, 126, 127, 616, 620 and 828 sizes. So whatever kind of camera you use, stock up on Kodak film.

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• To raise your energy level and feel less constantly fatigued, arrange to exercise at least twice weekly.

Exercise improves your heart and lung performance, and circulates more blood to your skin, resulting in a more vibrant complexion. It also tones and firms your body's contours.

Exercise during lunch or while you listen to the evening news; it's necessary for vitality.

• Routinely cleanse your face with Pond's Face Cream and your skin will glow even at life's most hectic moments.

Pond's Cold Cream is the most effective way to remove makeup, including waterproof mascara. Slather it on, massage it in and tissue it off.

Rinse with warm, not hot, water and your pores will be scrupulously clean while your skin won't have that dull lifeless look it can get from overly drying cleansers.

• Treat your feet to TLC. Feet that hurt reflect themselves in your facial expression. To relieve tired, swollen feet, lie flat on the floor at home and elevate your feet against the wall. At work, close your door and put them on the desk.

Try a monthly professional pedicure. It's only a foot massage with toe polish, but your body, mind and spirit will thank you.

• Don't feel guilty about sleeping. Sleep rejuvenates both your mind and your skin, and only you know how much sleep you need to function and look your best.



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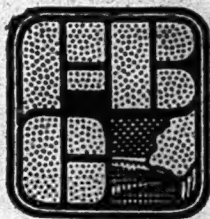
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From near and from far...

Diversity of attractions draws all ages to Walt Disney World

Summer Section, Page 19, July 29, 1981

When Walt Disney opened his first theme park, in Anaheim, Ca. in 1955, he said, "Disneyland will never be completed."

That same philosophy applies to Walt Disney World, Disneyland's sister park, which opened near Orlando, Fla., in 1971.

Already the largest theme park complex in the world, Disney World offers more than 50 attractions, 75 restaurants and shops, 1,500 on-site hotel rooms and its own transportation systems.

It is not only a theme park, divided into six individual sectors, but also a sports and vacation destination of considerable appeal even to visitors who wouldn't think of boarding the Space Mountain coaster.

Individual sectors

Sectors within the theme

park, known as The Magic Kingdom, include Main Street USA, Adventureland, Frontierland, Liberty Square, Fantasyland and Tomorrowland.

Water-oriented rides are available outside the main park in River Country, a recreational branch of the Disney World camping ground, Fort Wilderness.

Two on-site hotels, the Contemporary Resort and the Polynesian Village Resort, are linked to The Magic Kingdom by monorails. There's also steamboat service to The Magic Kingdom from a dock adjacent to The Polynesian Village Resort.

Peace and serenity

The Golf Resort, linked to The Magic Kingdom and Fort Wilderness by shuttle bus, provides the peace and serenity golfers enjoy, plus proximity to

recreational pastimes some golfers' families prefer.

Other nearby accommodations are available in vacation villas and in the hotel plaza of Lake Buena Vista, a community with a shopping village dominated by New England-style boutiques.

World of the future

By October, 1982, a World Showcase and International Village will open in the Future World Theme Center, part of Disney World's Experimental Prototype Community of Tomorrow (EPCOT).

Conceived by the late Walt Disney as a world of the future to be used as an example for the world of today, EPCOT is expected to serve as a forum where creative people in science, industry, government and the arts can share ideas and demonstrate new systems.

Visit outer space

Among domestic sponsors of the project is American Express, which will share a pavilion to be called "American Adventure." The American Express Card is honored at both Disney theme parks.

The future is already the present at The Magic Kingdom's Space Mountain, where a three-minute indoor circuit simulates a high-speed rocket journey through space.

It's not for the faint-hearted—especially those who need to see what twists and turns lie ahead. Space Mountain is dark inside; the sun doesn't shine as

brightly in the dark reaches of outer space.

Among other prime attractions of Walt Disney World's theme park are the Haunted Mansion, Pirates of the Caribbean, Hall of Presidents and Small World.

Lavish settings

None can be called a "thrill" ride, but all include lavish settings, plus such sophisticated techniques as "Audio-Animatronics," an audio-visual technique created by Disney engineers to bring three-dimensional figures to life.

Though Disney World is now in its tenth year, the enthusiastic reaction of visitors has hardly diminished.

There can be crowds at peak periods, including school vacations and holidays, but well-trained park personnel have proven adept at relieving traffic jams.

Free attractions

Free attractions, including parades and appearances by Disney cartoon characters, help keep lines short.

Tickets include unlimited use of the transportation system between the main entrance and The Magic Kingdom (including hotel stops) and free admission and coupons for various attractions.

Package plans

Package plans are available from Eastern Airlines and several area hotels. American Express offers a Walt

Disney World Package called "Orlando Express." Four or seven nights accommodations at your choice of hotel and an Alamo Rent-A-Car with unlimited mileage for four or seven 24-hour periods, as well as a Walt Disney World attraction ticket book per person.

For further information, see a travel agent.

Keep cool, cook out

To keep cool inside, do your cooking outside when the thermometer starts to climb.

Barbecuing doesn't have to be a special occasion treat, if you keep your grill in a convenient spot and do everything the easy way.

Here are some suggestions:

- Line the bottom of your charcoal grill with aluminum foil; the coals will heat up faster. After the barbecue, when ashes are cool, simply lift out

aluminum foil and discard.

- Start with perfectly dry meat.

- If you're cooking steaks or chops, trim some of the fat and score the edges.

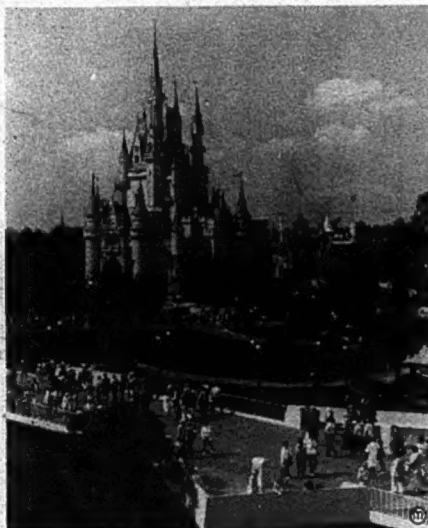
- Don't season meat until after cooking.

- Rub a little fat over the grill to prevent sticking.

- If you get any fat spatters on nearby surfaces, give them a quick and easy wipe-up with Grease relief® all purpose degreaser. Just spray and wipe with a damp sponge or paper towel. After the meal you can squeeze degreaser on dishes, countertop and other dirty surfaces, and then simply wipe away the soil.

- Would you like to bake potatoes in the coals? Boil them in salted water first for about 10 minutes, then wrap in aluminum foil; they'll bake much faster.

- Another family member can make the salad.



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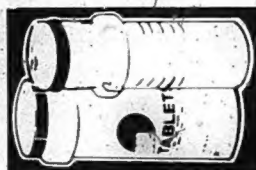
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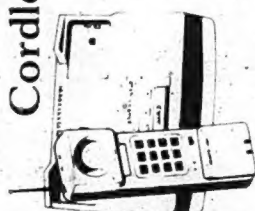
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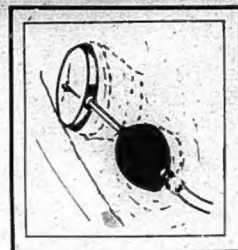


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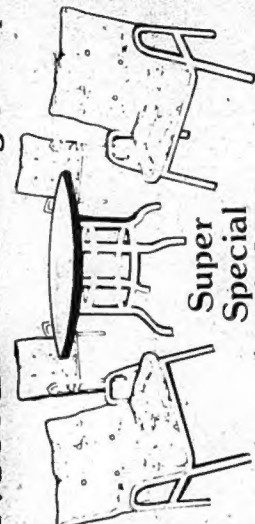
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